

Welcome to the Community Action Council Announcements

COL Karin L. Watson **Garrison Commander USARMY**

October 06 2020



ALU SPT BN



- The ALU Support Battalion is partnering with local community food banks in order to collect non-perishable foodstuffs to support local community families.
- Company command teams will have food donation boxes set up near the elevators on each floor of Heiser Hall and the foyer of Bunker Hall from 1-31 October.

Canned Veggies

- **Canned Fruits**
- Pasta
- Pasta Sauces
- Rice
- Add Water Pancake Mix
- Chef Boyardee Foods



Easy Shopping List

- Peanut Butter & Jelly
- Soups
- Juices & Juice Boxes
- Shelf-Stable Milk
- Pop Tarts
- Potatoes
- **Breakfast Bars**

- Cereal
- Oatmeal
- Mac & Cheese
- Crackers
- **Graham Crackers**
- **Canned Meat**
- Personal Care Items











PRINCE GEORGE COUNTY REGISTRAR'S OFFICE

13 Oct – Last day to register/update information to vote in November's General Election

23 Oct – Last day to request absentee ballots for November's Election

*For more information:

Prince George Registrar's Office (0830-1700)

6602 Courts Drive, PG County 23875 722-8748

registrar@princegeorgecountyva.gov





PRINCE GEORGE COUNTY

Who: Fort Lee Federal Credit Union

What: Shred Day & Food Drive

When: October 10 from 9:00 am until 12:00 pm

Where: Ft Lee Credit Union

4495 Crossing Blvd Prince George, VA

The Credit Union is requesting non perishable item(s). All donated items will go to the Prince George Food Bank.

Documents for shredding will be shredded on site while you are present.





Prince George County

What: 1st Annual Harbor Blast Chili Cook Off

When: October 10th from 4-9pm

Where: Appomattox Boat Harbor

1604 Fine Street

Prince George, VA 23875

Tickets are \$10 + FREE parking







Prince George County Police Department

What: National Drug Take Back Day

When: October 24 from 10:00 am until 2:00 pm

Where: Prince George Police Department (Side Lot)

6600 Courthouse Road

Prince George, VA

Prince George Police Department is sponsoring a drug take back day. Bring all unused/unwanted drugs to the department to ensure they are properly disposed.



LINCLA CCIEIED//EOLIO

The Community Action Council (CAC) 59th Ordnance Brigade

Alpha Company, 832d Ordnance Battalion

No scheduled community engagement (COVID-19)

Bravo Company, 832d Ordnance Battalion

No scheduled community engagement (COVID-19)

Delta Company, 832d Ordnance Battalion

No scheduled community engagement (COVID-19)

Echo Company, 832d Ordnance Battalion

No scheduled community engagement (COVID-19)

Foxtrot Company, 832d Ordnance Battalion

73d Ordnance Battalion No scheduled community engagement No scheduled community engagement (COVID-19)

HHC, 59th Ordnance Brigade

18SEP20 – Feed More: Central Virginia's Core Hunger-Relief Organization





Alpha Company, 16th Ordnance Battalion

15 & 17 SEP Value of Life Ruck March

Bravo Company, 16th Ordnance Battalion

No scheduled community engagement (COVID-19)

Charlie Company, 16th Ordnance Battalion

SEP – OCT Engagement with partner organizations (City of Hopewell, Hopewell Recreation and Parks, Colonial Heights Animal Shelter)

Delta Company, 16th Ordnance Battalion

01SEP20 to 15OCT20 – "Beat the Ronies" School Supplies Drive, Enon Elementary

Echo Company, 16th Ordnance Battalion

No scheduled community engagement (COVID-19)

Foxtrot Company, 16th Ordnance Battalion

No scheduled community engagement (COVID-19)









Mass: 0900 and 1030

Traditional: 1100, Masks required

Wednesday Mass: 1130

Info: 734-0232



Liberty Chapel Sunday Services:

909 Contemporary: 0909,

Gospel: 1100

Masks required

Info: 734-7498



Hispanic: 1100, Masks required

For more information: Contact RSO-734-6494

or go to the RSO Facebook page







Fort Lee Religious Support Office



Fort Lee UMTs are providing continual religious support through:

In Person Services on Sunday mornings at all Chapels

- ~ Virtual Worship Services still available
- ~ App-based spiritual resiliency studies
- ~ Confidential counseling
- ~ Free streaming of religious studies on Rightnow MEDIA ©











DINNER & DISCIPLESHIP WEDNESDAY EVENINGS

DINNER @ 1730 **AND BIBLE STUDY** @ 1800

FINANCIAL PEACE BOOK OF 1, 2, & 3 JOHN

MARRIAGE CLASS INTRODUCTION TO EXODUS

NEW TESTAMENT OVERVIEW PWOC BIBLE STUDY

CATHOLIC STUDY JR & SR HIGH STUDY

K-2ND GRADE 3RD-5TH GRADE

MEMORIAL CHAPEL

FOR MORE INFORMATION CALL (804) 734-6483





USAG - Lee Catholic Community

<u>Catholic Mass Schedule – Memorial Chapel</u>

Sunday Confession: 0800 - 0845 & 1000 - 1020

Sunday Mass: 0900 & 1030

Wednesday Mass: 1130





CWOC Sacred Saturday
7 Nov, 1000
Memorial Chapel
cwocfortlee@gmail.com

Catholic Religious Education Program

Begins 27 September
Registration is ongoing!
Email cccstmartins@gmail.com for more information.

In all your ways be mindful of Him

Sacramental Preparation & Administrative Items

Fr. Joseph Lea & Patti Ramos cccstmartins@gmail.com

(804) 734-7371







USAG - Lee Catholic Community



St. Francis of Assisi

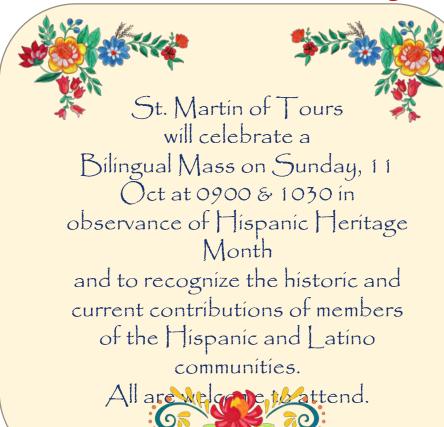
Celebrate the Feast Day

with the

Blessing of the Pets

3 October 2020, 1000 hrs

Memorial Chapel front lawn





Heart of Jesus, ladore Thee. Heart of Mary, limplore Thee. Heart of Joseph, meek and just. In these Three Hearts, I place my Trust!

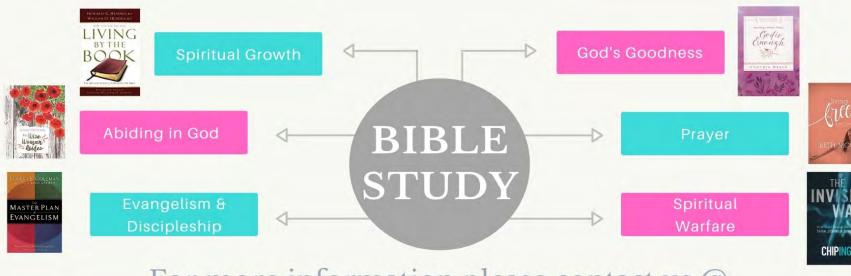






PWOC Fall 2020

Protestant Women of the Chapel



For more information please contact us @ ftleepwoc@gmail.com







On line giving

For More info contact the Religious Support Office **734-6494**





Kenner Army Health Clinic

- √Flu shots are available at KAHC for the following beneficiary age groups:
 - 6 mon-35 mon and >65 yo. Flu shots are by appointment only and can be scheduled through the appointment line 1-866-533-5242
- ✓ All other non-active duty beneficiaries can receive the flu shot at no cost through a TRICARE participating network pharmacy. https://www.tricare.mil/FluVaccine to locate approved locations.
- ✓ Kenner's flu vaccine shipment due to arrive at clinic Nov/Dec.





Kenner Army Health Clinic







Kenner Army Health Clinic

TRICARE® —

OPEN SEASON 2020



Open Season: Nov. 9 - Dec. 14





For a family plan, you'll pay \$25.00 per month.

If you want to keep TRICARE Select coverage for you and your family, you must take action. If you don't act, you'll be disenrolled from TRICARE **Select.** Then, you'll only be able to get care from a military hospital or clinic.

You must take action and set up a monthly payment plan. Call your regional contractor before December 14, 2020. You may be required to pay 2-3 months of enrollment fees in advance.

Are you in Group A? Learn more at www.tricare.mil/SelectEnrollmentFees20.

NEW starting

Jan 1, 2021

TRICARE

will have to pay

monthly

Enrollment









FMWR Upcoming Events









FMWR Upcoming Events







CYS Youth Sports and Fitness

Who: Child and Youth Services Youth Sports and Fitness

What: Recruitment of volunteer coaches for youth sports ranging in ages from 3 to 15 years old.

Where: Parent Central Services, Yorktown Drive, Bldg. 10624

When: Volunteers are needed Monday through Friday 1715-1945 and Saturdays for game days.

Why: Volunteer coaches are the foundation for youth sports, without volunteers we cannot offer quality youth sports, fitness or outreach opportunities for the youth in the community.

POC: General inquires can be made at: fortleeyouthsports@gmail.com

Tyneika Thomas-804-734-1982- tyneika.n.thomas.naf@mail.mil

Mark Slater- 804-734-0612 -mark.o.slater.naf@mail.mil





Employee Assistance Program

National Drug-Free Workplace Week 12-17 Oct 2020

- Workforce positive drug tests in US hit 16-year high in 2019*
- Pre-COVID-19, rates were trending the wrong way

Employee Assistance Program (EAP) Concerns

- Reemergence of past concerns by COVID-19 quarantine / self-isolation
- Secondary effect issues
- Masking of concerning warning signs during telework
- Development of unhealthy coping strategies
- Limited access to previous support structures

Utilize Resources and Stay Connected

- Employee Assistance Program (804) 931-5111
- Family Chaplain Counseling (804) 586-0924
- Military Family Life Consultants –(804) 503-7668
- Army Wellness Center (804) 734-9925
- Behavioral Health (804) 734-9143
- ACS Financial Program (804) 734-6388







Extension of USID card expiration dates

Secretary of Defense signed extension policy in Sep 2020

- ID cards with expiration dates 1 Jan 2020 to 30 Jun 2021 valid until 30 Jun 2021
- Expired CACs not extended beyond 30 Sep

Common Access Cards (CAC)

- Not reissued prior to 30 days of expiration date
- Not reissued due to printed information changes (e.g., promotions to reflect new rank/grade, name changes due to marriage or divorced)
- Not reissued to DoD civilians transferring between components
- Brigades can reset CAC pins

Uniformed Services ID (USID) cards

- Minimum age for initial USID cards is 14 years
- Retirees and dependents can renew their ID cards by mail

CAC/ID card services by appointment only

- Schedule online or call: 734-7394, 734-7349, 734-7347, 734-6179, 765-7625, 734-7348
- Best time to check for cancelation: ~11 a.m.

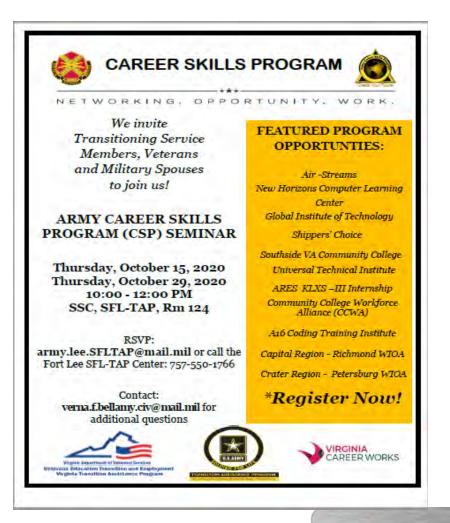


*Quest Diagnostics, 8 Sep 2020, 'Worker Drug Abuse Hits New Record in 2019, David Sparkman, EHS Today



Soldier for Life - Transitions Assistance Program









Soldier for Life - Transitions Assistance Program



A**VIRGINIA**CAREER WORKS
PARTNER



Virtual Ten Steps to a Federal Job Workshop October 15, 2020 1:00 pm – 3:30 pm

Are you a Transitioning Service Member, Veteran or Military Spouse seeking employment but don't know where to begin with conveying your skills on your resume? Join the Virginia Employment Commission Jobs for Veterans State Grant Program (JVSG) team for a workshop that will cover the content on creating a federal resume. This class is facilitated by a Certified Federal Job Search Trainer and Certified Federal Career Coach.

About Virginia Career Works Crater Region

The Virginia Careers Works Crater Region is dedicated to promoting the employment of our Veterans. We counted on you...now count on us to help you find your next career!

Our One Stop staff builds relationships with employers and engage in advocacy efforts with hiring executives and managers to increase employment opportunities for Veterans. They are also responsible for ensuring that Veterans receive the full range of priority workforce services in the One-Stop Career Center.

Be Prepared

Items needed: Resume, Evaluations Reports, and other employment references.

TO REGISTER

Email: army.lee.SFLTAP@mail.mil

OR

Call: 757-550-1766

Link to Virtual Platform will be emailed to those that register

through the Fort Lee SFL-TAP Center

WWW.YEC.VIRGINIA GOV AN EQUAL OPPORTUNITY EMPLOYER/PROGRAM
Auxiliary aids and services are available upon request to individuals with disabilities. TDD: VA Relay Center: 711 or 800.828 1120



We invite
Transitioning Service
Members, Veterans
and Military Spouses
to join us!

VIRTUAL CAREER & NETWORKING FAIR

OCTOBER 15th 2:00-5:00 PM (EST)

Visit

https://reg.ecareerfairs.com/e/hirevetsnow to learn more and to register Contact c.miracle@vachamber.com additional guestions

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Noblis

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Oceaneering International, Inc. Parsons

PRISM Inc. Shipyard Staffing, LLC

StratasCorp The J.M. Smucker Company Valkyrie Enterprises, Inc. Virginia Beach Sheriff's Office Virginia Department of Forestry

HOSTED BY:













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Soldier for Life - Transitions Assistance Program







Veterans Education Transition and Employment Virginia Transition Assistance Program

WRITING WORKSHOP

YOUR RESUME IS YOUR MOST IMPORTANT TOOL WHEN APPLYING FOR A JOB

It doesn't matter how qualified you are, or how much experience you have - if your resume is poorly presented or badly written, you're going to have trouble getting the job you want - or even an interview.

Need some basic information about writing a resume and making it stand out? Looking for advice on how to fine-tune your resume objective, craft your work history section, and show off your education and skills? Then you need to attend the Resume Writing Workshop to learn how to write a resume optimizing each section for maximum success.

Fort Lee Soldier for Life Transitional Assistance Program (SFL-TAP) Soldier Support Center

1401 B Avenue, Building 3400, Room 126, Fort Lee, VA 23801-1724 Hours: Monday-Friday, 7:30 a.m. to 4:30 p.m. (closed on federal holidays) 2020 VTAP RESUME WORKSHOP Fort Lee

Tuesday October 27th 0900-1200

ZOOM

CONTACT (757) 550-1766 or army.lee.SFLTAP@mail.mil

To Register





Holiday Helper at Fort Lee

Ensuring NO Military Child Goes Without!

OCTOBER NEWS:

- Nomination forms will be emailed to commanders on 2 NOV with a deadline of COB 25 NOV.
- Holiday Helper will support children ages: Pregnancy to 12 years.
- Holiday Helper will support E5 and below. All others can be nominated by command with justification.
- Military shopping days are 15 & 16 December. They will shop free of charge and receive 3 gifts per child, stocking stuffers, hats, gloves, books, stuffed animals, and more.
- Leaders will be notified via email the date and time military members are to report for shopping.
- Leaders will be notified via email when to pick up bikes.

NOTE: Everyone will be required to wear masks and gloves in the toy store as approved by leadership.

- For program information, contact Susan Garling, Program Advisor 804-305-7599
- For nomination information, contact Joy Metzger, Nomination Manager 804-519-3616
- Website: <u>www.holidayhelperassociation.com</u>
- Email: <u>email@holidayhelperassociation.com</u>





American Red Cross

1. Upcoming Blood Drives –

Make your appointment at redcrossblood.org

Friday, 10/9/20 – 1100- 1600

Unity Baptist Church – Prince George

Saturday, 10/17/20 - 0900 - 1300

Tabernacle Baptist Church – Petersburg

2. Virtual Resiliency Courses for Military & Adult Family Members and Veteran families.

Three sessions offered a month. Go to the events section on @VARedCross Facebook to find the registration for your session or email Christy Carneal (separate classes can also be set up for groups).

American Red Cross

Christy.Carneal@redcross.org



FORT LEE AREA SPOUSES' CLUB (FLASC)



Upcoming FLASC Events

Oct. 07 Epicurious Club

Oct. 14 Lunch Bunch

Oct. 15 Axe Throwing

Oct. 16 FLASC BUNCO

Oct. 19 Book Club

Oct. 30 Outdoor Adventures

Community Spotlight

Fisher House

RSVP by Wednesday, Oct 14



Check our Facebook page for details: fb.com/FortLeeAreaSpousesClub

✓ All Fort Lee Covid-19 and State of Virginia Guidelines will be followed





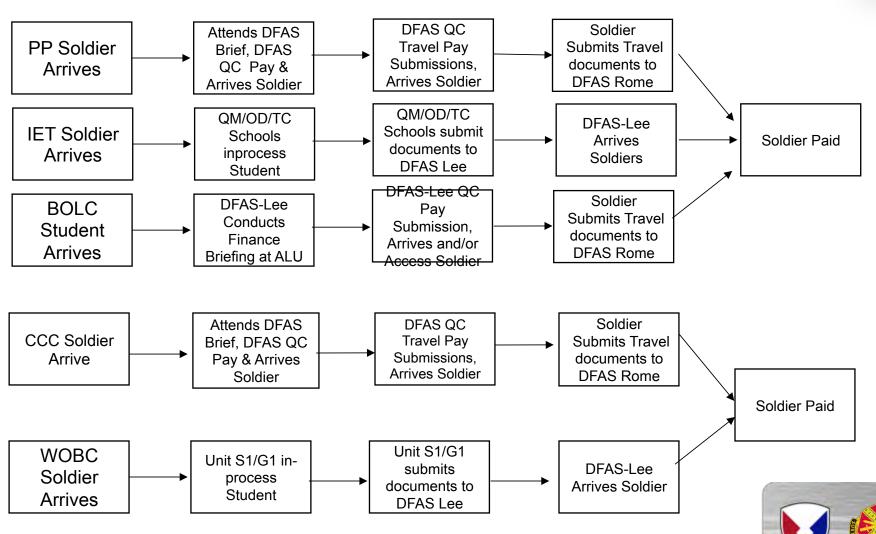








Pre-COVID

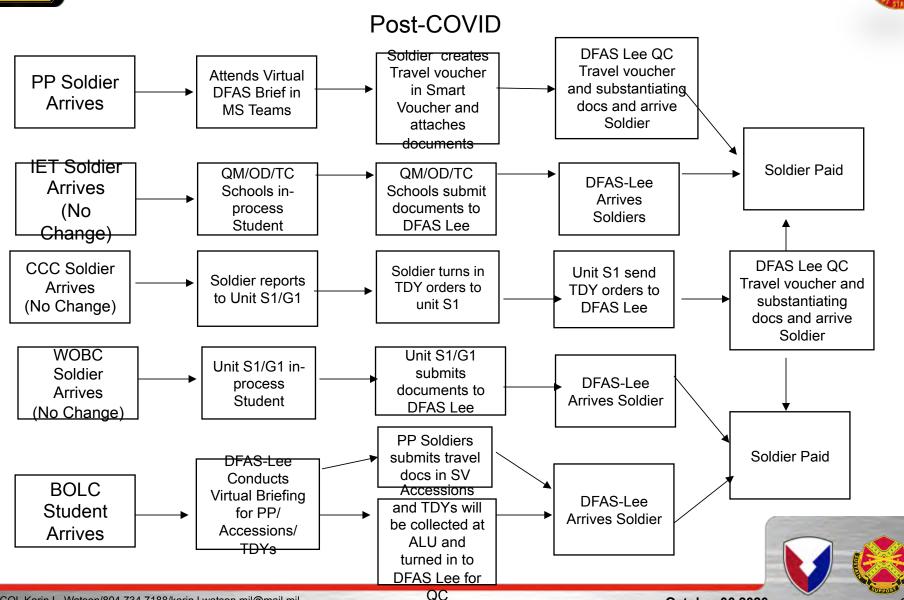






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October 06 2020



UNCLASSIFIED



The Community Action Council (CAC)

Next CAC Scheduled for 09:30 – 11:00 November 03, 2020

