

**U.S. ARMY**

# Welcome to the Community Action Council Announcements

COL Karin L. Watson  
Garrison Commander  
USARMY

June 01 2021



# The Community Action Council (CAC) Army Logistics University (ALU)



## **IMT/PME COVID-19 Vaccination SHOTEX:**

This event was an opportunity for BOLC, WOBC, and LOG-C3 students to support the Department of Defense's initiative to "Protect the Force", vaccination campaign. On 15 MAY 21, over 290 Soldiers received their first vaccination and are scheduled to receive their second shot 12 JUN 21. ALU strives to do our part in protecting the force, our families, Fort Lee and the surrounding community from the coronavirus.



## **Arlington and Woodlawn Park Clean-up:**

BOLC Class 21-007A partnered with park rangers at Arlington and Woodlawn Parks to conduct area beautification. On 15 MAY 21, students picked up 10 bags of garbage, mulched and other landscaping in order to enhance the Hopewell community's outdoor recreation sites. ALU is grateful for the opportunity to not only give back but also safely engage with the local community while improving the appearance and safety of the parks for all to enjoy.





# The Community Action Council (CAC)

## 59th Ordnance Brigade

### HHC, 59th Ordnance Brigade

– Feed More Richmond Community Kitchen 14MAY21 and 11JUN21



### Alpha Company, 16th Ordnance Battalion

Red Cross – Facility Maintenance

### Bravo Company, 16th Ordnance Battalion

No scheduled community engagement

### Charlie Company, 16th Ordnance Battalion

City of Hopewell - Hopewell Beautification

### Delta Company, 16th Ordnance Battalion

City of Petersburg – Patton Park Clean-up

### Echo Company, 16th Ordnance Battalion

No scheduled community engagement

### Foxtrot Company, 16th Ordnance Battalion

No scheduled community engagement

### 73d Ordnance Battalion

No scheduled community engagement

### Alpha Company, 832d Ordnance Battalion

No scheduled community engagement

### Bravo Company, 832d Ordnance Battalion

No scheduled community engagement

### Charlie Company, 832d Ordnance Battalion

Colonial Heights Animal Shelter – Dog Walking

### Delta Company, 832d Ordnance Battalion

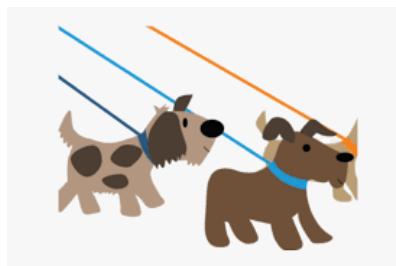
Rivermont Field Day – Special Needs Children Team Building

### Echo Company, 832d Ordnance Battalion

Colonial Heights Food Pantry – Food Drive

### Foxtrot Company, 832d Ordnance Battalion

No scheduled community engagement (COVID-19)





# The Community Action Council (CAC)

UNCLASSIFIED//FOUO

## 59<sup>th</sup> Ordnance Brigade

**Who:** Alpha Company, 16th Ordnance Battalion

**What:** Soldiers assist our local American Red Cross with facility Maintenance in preparing for their State Training.

**When:** 02 JUN 2021

**Where:** Fort Lee, VA



**Why:** Support and build esprit de corps with our local American Red Cross. This event was an opportunity for Alpha Company to support this organizations who support the local community. Headed by Drill Sergeant Sinagra.

**POC:** 1LT Quainoo, Dorian: (804) 765-9922/ dorian.s.quainoo.mil@mail.mil

VIP

N/A

CASCOM Command Team Attendance

N/A





# The Community Action Council (CAC)

## 59<sup>th</sup> Ordnance Brigade

**Who:** Charlie Company, 16th Ordnance Battalion

**What:** Hopewell Beautification

**When:** 01MAY-31MAY21

**Where:** Hopewell City Park

**Why:** Cadre are encouraged to volunteer for litter pick up at Hopewell City Park. Keeping parks clean and safe for children at play.

**POC:** CPT Tang, 804-765-9319

VIP

N/A

CASCOM Command Team Attendance

N/A





# The Community Action Council (CAC)

## 59<sup>th</sup> Ordnance Brigade

**Who:** Delta Company, 16th Ordnance Battalion

**What:** Patton Park Clean Up

**When:** 28 MAY21

**Where:** Patton Park Petersburg, VA

**Why:** Give back to the community and support clean recreation.

**POC:** 1LT Burke, 804-734-8554

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VIP

N/A

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CASCOM Command Team Attendance

N/A





# The Community Action Council (CAC)

## 59th Ordnance Brigade

**Who:** HHC, 59th Ordnance Brigade

**What:** Volunteer Opportunity Preparing Healthy Meals for the Community

**When:** 14MAY21 and 11JUN21

**Where:** Feed More Richmond Community Kitchen, 1415 Rhoadmiller St, Richmond, VA.

**Why:** To provide the Soldiers and Leaders of 59<sup>th</sup> Ordnance Brigade the opportunity to volunteer with the local community. The Community Kitchen is where dedicated volunteers prepare and cook nutritious meals for thousands of people across Virginia. Every day, healthy meals are prepared for the Kids Cafe, Summer Kids, and Meal on Wheels programs, along with a handful of adult day care facilities in our community.

**POC:** 1SG Jacob I. Higdon, Jacob.i.higdon.mil@mail.mil, 804-765-2830

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VIP

N/A

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CASCOM Command Team Attendance

N/A





# The Community Action Council (CAC)

## 59<sup>th</sup> Ordnance Brigade

**Who:** Charlie Company, 832D Ordnance Battalion

**What:** Dog Walking

**When:** 7 June 2021

**Where:** Colonial Heights Animal Shelter

**Why:** This event is designed to support the Colonial Heights Animal Shelter and improve Soldier morale. Giving back to the community by helping familiarize shelter dogs with people is one way for personnel to support while maintaining compliance to COVID-19 restrictions/mitigation measures.

**POC:** 1LT Trimnal, Daniel: 804-734-7966 / Daniel.J.Trimnal.mil@mail.mil

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VIP

N/A

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CASCOM Command Team Attendance

N/A





# The Community Action Council (CAC)

UNCLASSIFIED//FOUO

## 59<sup>th</sup> Ordnance Brigade

**Who:** Delta Company, 832d Ordnance Battalion

**What:** Rivermont Field Day

**When:** 04 JUN 2021 @ 0830-1230

**Where:** Rivermont School Greater Petersburg  
12318 Boydton Plank Rd, Dinwiddie, VA 23841

**Why:** This event is an opportunity for Delta Company to support this organization that serves students with special needs by providing sportsmanship, teambuilding, and positive social interactions. We will be responsible for setting up and working various activity stations.

**POC:** 1LT Wooten, Jarrad: (804) 765-9922 / jarrad.t.wooten.mil@mail.mil

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VIP

N/A

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CASCOM Command Team Attendance

N/A





# The Community Action Council (CAC)

UNCLASSIFIED//FOUO

## 59<sup>th</sup> Ordnance Brigade

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**Why:** This event is an opportunity for Delta Company to support this organization that serves students with special needs by providing sportsmanship, teambuilding, and positive social interactions. We will be responsible for setting up and working various activity stations.

**POC:** 1LT Wooten, Jarrad: (804) 765-9922 / jarrad.t.wooten.mil@mail.mil

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VIP

N/A

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CASCOM Command Team Attendance

N/A





# The Community Action Council (CAC)

## 59<sup>th</sup> Ordnance Brigade

**Who:** Echo Company, 832nd Ordnance Battalion

**What:** Food Drive

**When:** May-June 2021

**Where:** Colonial Heights Food Pantry

**Why:** This event is designed to support the local community of Colonial Heights. Giving back to the community by conducting a food drive was one way for personnel to support while maintaining compliance with COVID-19 restrictions/mitigation measures.

**POC:** 1LT Montemarano, Drew: 804-734-5994 / drew.m.montemarano2.mil@mail.mil

VIP

N/A

CASCOM Command Team Attendance

N/A





# The Community Action Council (CAC)

## USATSCH

Prince George County

What: Democratic Primary Election Day 2021 - all precincts

When: 5 Jun @. 9:00 a.m. - 5:00 p.m. ( In-Person Early Voting)

8 Jun @. 6:00 a.m. - 7:00 p.m. Primary Election

Where: Contact the Prince George Registrar Office at 804-722-8748 for more information

[registrar@princegeorgecountyva.gov](mailto:registrar@princegeorgecountyva.gov)





# The Community Action Council (CAC)

## USATSCH

### PRINCE GEORGE COUNTY

What: Prince George County School Board Meeting

When: 7 Jun @ 6:30 p.m.

Where: Prince George High School  
7801 Laurel Springs Road  
Prince George, VA 23875





# The Community Action Council (CAC)

## USATSCH

Prince George County

What: Prince George County Board of Supervisors Work Session & Public Meeting

When: 8 Jun @ 7:00 p.m.

Where: Board Room, 3rd Floor of the Administration Building  
6602 Courts Drive

<https://www.princegeorgecountyva.gov>





# The Community Action Council (CAC)



## Summer Sessions will begin 26 May

*Dinner & materials provided at no cost to you*

### Book of Romans Bible Study

**Teachers:** CH's Allen, Clark & Yost

*Class Description:* Romans is the singular most important document ever penned by man and only God's inspiration could make it so. It is set at just the perfect pace for any Christian who wants to understand the most central book in the Bible. In this study we dive-in and examine the core theological truths of the first 8 chapters in Romans.

### PWOC Women's Bible Study

**Teachers:** TBD

### Rock Solid Youth (Teen) Ministry

**Teacher:** Pastor Steven Stepp

### Catholic Community Study (This study begins 2 June)

**Teacher:** CH Joseph Lea

## DINNER SCHEDULE

26 MAY – Chick fil a  
2 JUNE – Roma's  
9 JUNE - Panera Bread  
16 JUNE - Chick fil a  
23 JUNE – Papa John's  
30 JUNE – Mission's BBQ  
7 JULY - Chick fil a  
14 JULY - Roma's  
21 JULY – Papa John





# The Community Action Council (CAC)

## LOOKING OR VOLUNTEERS



## VBS IS JUST AROUND THE CORNER

**PLEASE CONTACT Jon Yost at 804-734-6483**





# The Community Action Council (CAC)



## FORT LEE VACATION BIBLE SCHOOL

MON-FRI 09-13 AUGUST • 1800-2030 • MEMORIAL CHAPEL

**Climb aboard for mountains of fun at Rocky Railway!**

**Children will use crafts, songs, games and Bible lessons in this faith-filled adventure; discovering that trusting Jesus pulls them through life's ups and downs.**

To register your child and/or to volunteer, please visit:

<https://vbspro.events/p/events/fort-lee>



For more information, contact Jon Yost at 734.6483 or [jonathan.w.yost.civ@mail.mil](mailto:jonathan.w.yost.civ@mail.mil)





# The Community Action Council (CAC)



**Memorial Chapel Sunday Services:**  
**Mass: 0900 and 1030**  
**Traditional: 1130, Masks required**  
**Tuesday Mass: 1130**

Info: 734-0232



**Liberty Chapel Sunday Services:**  
**909 Contemporary: 0909,**  
**Gospel: 1100**  
**Masks required**

Info: 734-7498



**Heritage Chapel Sunday Service:**  
**Hispanic: 1100, Masks required**

**For more information: Contact RSO-734-6494**  
**or go to the RSO Facebook page**





# The Community Action Council (CAC)

## Kenner Army Health Clinic

UNCLASSIFIED//FOUO



### Fort Lee carries the Moderna vaccines.

#### To make an appointment:

- Tricare Online Patient Portal
- Appointment line, 1-866-533-5242, option 1

#### Note:

Parents of children age 12 y/o to 17 y/o should be encouraged to utilize network pharmacies in order to get Pfizer BioNTech COVID vaccination.

**Note:** The vaccinations are currently located at the Clark Gym but will be relocating in the near future. Stay tune to our Facebook at [www.facebook.com/kenner.ftlee](https://www.facebook.com/kenner.ftlee) for updates.





# The Community Action Council (CAC)

## Kenner Army Health Clinic

### *Back to School*

**NOW** is the time to plan for getting your children's immunization records and physical exams up-to-date for the next school year! The Pediatric Clinic within Kenner Army Health Clinic stresses, *"Do not wait until the last minute. Make an appointment early."*

Reach out to the Pediatric Clinic via Tricare Online Secure Messaging Service at

[www.TOLsecuremessaging.com](http://www.TOLsecuremessaging.com) or make an appointment via Tricare Online at [www.tricareonline.com](http://www.tricareonline.com) or call the Appointment Line **(1-866-533-5242, (Option 1).**

If you have questions or concerns, please call Pediatric Clinic at (804) 734-9125 during normal business hour, 7:15 a.m.–4:00 p.m., closed for lunch 12:00 p.m.–1:00 p.m.





# The Community Action Council (CAC) Kenner Army Health Clinic

## Patient & Family Advisory Council (PFAC)

**Do you have issues, concerns or suggestion on improving patient experience at Kenner?**

- Beneficiaries can now become advocates for patient-centered healthcare in the Fort Lee community.
- Develop relationships with other members on the council.
- Gain a better understanding of healthcare system.

**June 29, at 12 p.m. on Zoom**

If interested in attending contact Patient Advocate  
Kjerstin Lemke at 734-9512 or by email  
[Kjerstin.j.Lemke.civ@mail.mil](mailto:Kjerstin.j.Lemke.civ@mail.mil)





## Hot Weather Care and Safety for Pets

Fort Lee Veterinary Services





# The Community Action Council (CAC)

## Hot Weather Care and Safety for Pets

Fun in the sun with your pets? Here are some tips to keep your pets cool and safe all summer long



- Keep Them Cool
  - Avoid hot pavement
    - Grassy areas if possible
    - Check paw pads regularly
  - Limit exercise on hot days
    - Morning or evening are the best times for a walk
  - Ensure access to shade
  - Provide plenty of cool water

Source: Army Public Health Center Animal Health





# The Community Action Council (CAC)

## Hot Weather Care and Safety for Pets

- Special Considerations
  - Age and weight
    - Older and overweight animals are at an increased risk of overheating
    - Discuss with your veterinarian before implementing an exercise plan to aid weight loss in your pet
  - Swimming
    - Not all dogs can swim! Consider doggie life jackets if out on the water
    - Exposure risk to blue-green algae, intestinal parasites, leptospirosis bacterium, and ticks

Source: Army Public Health Center Animal Health





# The Community Action Council (CAC)

## Hot Weather Care and Safety for Pets

- Special Considerations
  - Health status
    - Pets with a chronic conditions, such as heart, kidney, or liver diseases, are less tolerant of heat and exercise
    - Heartworm positive pets are at an increased risk for overheating
  - Breed specific considerations
    - Breeds with thick coats: groom for shorter coat to reduce heat trapping
    - Breeds with thin coats and light skin: at risk for skin disease
    - Brachycephalic breeds (Pugs, Shih Tzus, Persians, etc.): less tolerant of heat and exercise than other breeds; HIGH RISK of overheating

Source: Army Public Health Center Animal Health





# The Community Action Council (CAC)

## Hot Weather Care and Safety for Pets

**NEVER EVER LEAVE YOUR PET IN A PARKED CAR!!!**

Elapsed time (minutes)	70	75	80	85	90	95
0	70	75	80	85	90	95
10	89	94	99	104	109	114
20	99	104	109	114	119	124
30	104	109	114	119	124	129
40	108	113	118	123	128	133
50	111	116	121	126	131	136
60	113	118	123	128	133	138
>60	115	120	125	130	135	140

Source: Army Public Health Center Animal Health





# The Community Action Council (CAC)

## Hot Weather Care and Safety for Pets

- Heat Stroke
  - MEDICAL EMERGENCY!
  - Symptoms:
    - Heavy panting, glazed eyes, rapid heartbeat, difficulty breathing, excessive thirst, lethargy, fever, lack of coordination, profuse salivation, vomiting, deep red or purple tongue, seizures, unconsciousness, death
  - What do to:
    - Move to a cool, shaded area
    - Apply cool, wet towels to head, neck, and chest or run cool water over your pet
    - Let your pet lick ice or drink SMALL amounts of water
    - Take them to your vet IMMEDIATELY

Source: Army Public Health Center Animal Health



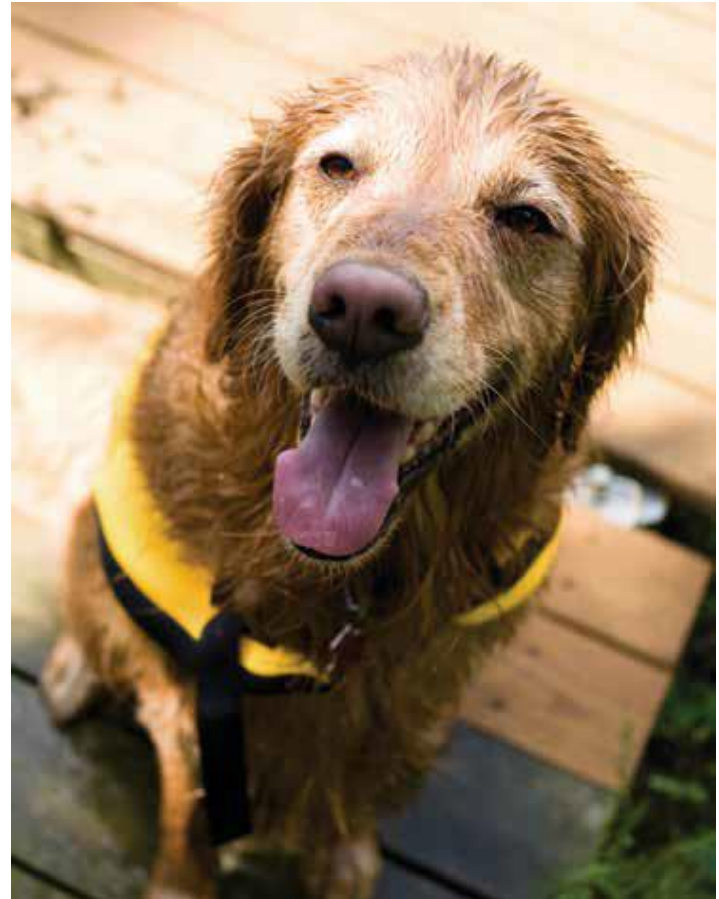


# The Community Action Council (CAC)

## Hot Weather Care and Safety for Pets

- Have a plan!
  - Fort Lee VTF is not a full time, full service vet clinic
  - Identify an emergency clinic near you

Fort Lee Veterinary Treatment Facility  
Bldg 11025 38<sup>th</sup> Street  
804-734-2446  
Find us on Facebook @FortLeeVets



Source: Army Public Health Center Animal Health





# The Community Action Council (CAC)

## Transition Assistance Program



### TRICARE/ Veteran Affairs Healthcare Sessions

(In-Person)  
(SSC -Room 124)

June 2      July 7 \*      August 4      September 1

TRICARE - 0830 - 0930

VA Health Administration - 0930 - 1030

VA Disability Claims - 1030 - 1130

VA VET Mobile Center  
WEST WING Parking area 1100 - 12 Noon

To register

Call: 804-734-6612 / 757-550-1766

Email: [usarmy.lee.id-training.mbx.fort-lee-tap-center@mail.mil](mailto:usarmy.lee.id-training.mbx.fort-lee-tap-center@mail.mil)



### CAREER SKILLS PROGRAM



\*\*\*  
NETWORKING. OPPORTUNITY. WORK.

*We invite  
Transitioning Service  
Members, Veterans  
and Military Spouses  
to join us!*

### CAREER SKILLS PROGRAM (CSP) SEMINAR

Thursday, June 03, 2021  
Thursday, July 01, 2021  
Thursday, August 05, 2021

10:00 - 12:00 Noon  
SSC, TAP, Rm 125

#### RSVP:

[usarmy.lee.id-training.mbx.fort-lee-tap-center@mail.mil](mailto:usarmy.lee.id-training.mbx.fort-lee-tap-center@mail.mil) or call the Fort Lee TAP Center:  
757-550-1766

#### Contact:

[usarmy.lee.imcom.mbx.lee-tap-csp@mail.mil](mailto:usarmy.lee.imcom.mbx.lee-tap-csp@mail.mil)  
for additional questions



### FEATURED PROGRAM OPPORTUNITIES:

Able Forces

Air -Stream

Amazon

A16 Coding Training Institute

Community College Workforce  
Alliance (CCWA)

Excellence in Transition (EXIT)

Hiring Our Heroes

Microsoft Software & Systems  
Academy (MSSA)

New Horizons Computer Learning  
Center

Shipper's Choice

SW Design School (K-12 Coders)

Universal Technical Institute (UTI)

Capital Region- Richmond WIOA

Crater Region -Petersburg WIOA





# The Community Action Council (CAC)

## Transition Assistance Program

**BOOTS to BUSINESS**  
with the U.S. Small Business Administration

**Interested in starting a Veteran – owned small business?**  
Sign up for **Boots to Business ONLINE**, an entrepreneurship training program for Service members and their spouses.

**Fort Lee**  
**Boots to Business Online**  
**Presented By:**  
**ODUVOB**

**4th Quarter**

**July 6-7**  
**September 7-8**

**Time: 0800-1500**

This is an in-person workshop. Participants are to use social distancing / mask protocol.

Location: SSC (Room 124).

**To register please contact**

**Fort Lee-TAP**

**(757)550-1766/(804)-734-6612**

or

**Email**

**usarmy.lee.id-training.mbx.fort-lee-tap-center@mail.mil**

**ODUVOB**  
**Contact: vboc@odu.edu**

**SBA** U.S. Small Business Administration  
**VBOD** **SCORE** **ASSOCIATION OF WOMEN'S BUSINESS CENTERS** **MISSISSIPPI STATE UNIVERSITY**

Virginia Employment Commission  
Veterans Services

A **VIRGINIA**  
**CAREER WORKS**  
**PARTNER**



**JVSG - Virtual Ten Steps to a Federal Job Resume Workshop**

**Next Session - June 10, 2021**

**Time: 2 pm to 4 pm**

**4th Quarter Dates: July 8th - August 12th - September 9th**

Are you a Transitioning Service Member, Veteran, Military Spouse, or job seeker seeking employment but don't know where to begin with conveying your skills on your resume? Join the Virginia Employment Commission Jobs for Veterans State Grant Program (JVSG) team for a one-day workshop that will cover the content on creating a civilian and federal resume.

### About Virginia Career Works Crater Region

The Virginia Career Works Hampton Center is dedicated to promoting the employment of our Veterans. We counted on you...now count on us to help you find your next career!

Our One-Stop staff builds relationships with employers and engage in advocacy efforts with hiring executives and managers to increase employment opportunities for Veterans. They are also responsible for ensuring that Veterans receive the full range of priority workforce services in the One-Stop Career Center.

### Be Prepared

**Items to Bring:** Laptop (if possible), Resume, Evaluations Reports, and other employment references

**Register for this event at:**

<https://www.eventbrite.com/e/ten-steps-to-a-federal-resume-tickets-135575171989>

Call 757-550-1766

OR

Email: [usarmy.lee.id-training.mbx.fort-lee-tap-center@mail.mil](mailto:usarmy.lee.id-training.mbx.fort-lee-tap-center@mail.mil)

for more information.

Fort Lee-Transition Assistance Program (TAP)

Soldier Support Center(SSC), 1401 B Avenue, Building 3400, Room 126, Fort Lee, VA 23801

AN EQUAL OPPORTUNITY EMPLOYER PROGRAM





# The Community Action Council (CAC)

## Transition Assistance Program



A **VIRGINIA**  
CAREER WORKS  
PARTNER



The VEC Jobs for Veterans State Grant (JVSG) and the Virginia Career Works (Crater) presents: Monthly VIRTUAL Military Spouse Career Building Events Featuring Workshops, Employer Q&A Sessions, Employer Panels & more

4th Q Dates: July 9th - August 6th - September 10th Time: 10:00 am to 12:00 pm

Are you a Military Spouse seeking employment or training?

Join the Virginia Employment Commission & American Job Center Initiative

### EVENT HIGHLIGHTS

#### Interview Techniques

#### Mock Interviews

#### Dress for Success Tips

Join in to hear about job opportunities, relaunching your career, job referrals, reentering the workforce, resume review & other employment workshops

#### About Virginia Career Works Crater/Greater Peninsula Region

The Virginia Career Works Crater/Greater Peninsula Region is dedicated to promoting the employment of our Military Spouses. Count on us to help you find your next career!

Our One Stop staff builds relationships with employers and engage in advocacy efforts with hiring executives and managers to increase employment opportunities for Spouses. They are also responsible for ensuring that Military Spouses receive the full range of priority workforce services in the One-Stop Career

Register on Eventbrite with the link below:

<https://www.eventbrite.com/e/monthly-virtual-military-spouse-career-building-events-tickets-129398338915>

Or

Contact for more information:

Dwight McDowell at [Dwight.McDowell@vec.virginia.gov](mailto:Dwight.McDowell@vec.virginia.gov) or (757) 503-3885

[WWW.VEC.VIRGINIA.GOV](http://WWW.VEC.VIRGINIA.GOV)

AN EQUAL OPPORTUNITY EMPLOYER/PROGRAM

Auxiliary aids and services are available upon request to individuals with disabilities. TDD: VA Relay Center: 711 or 800.828.1120



## VIRTUAL RESUME WRITING WORKSHOP

### YOUR RESUME IS YOUR MOST IMPORTANT TOOL WHEN APPLYING FOR A JOB

It doesn't matter how qualified you are, or how much experience you have - if your resume is poorly presented or badly written, you're going to have trouble getting the job you want - or even an interview.

Need some basic information about writing a resume and making it stand out? Looking for advice on how to fine-tune your resume objective, craft your work history section, and show off your education and skills? Then you need to attend the Resume Writing Workshop to learn how to write a resume optimizing each section for maximum success.

Fort Lee  
Transition Assistance Program (TAP)  
Soldier Support Center

1401 B Avenue, Building 3400, Room 126, Fort Lee, VA 23801-1724

Hours: Monday-Friday, 7:30 a.m. to 4:30 p.m.

(closed on federal holidays)

2021  
VTAP RESUME WORKSHOP  
Fort Lee  
**4th Tuesdays**

**JUNE 29**

4th Quarter Dates

July 27

August 31

September 28

9 am - 12 pm ZOOM

To register contact

Fort Lee- TAP

(757) 550-1766/804-734-6612

Email  
[usarmy.lee.id-training.mbx.lee-tap-center@mail.mil](mailto:usarmy.lee.id-training.mbx.lee-tap-center@mail.mil)





# The Community Action Council (CAC)



Hampton Roads and  
Central Virginia

**HRCV.USO.ORG**



Facebook.com/usohrc  
v



@usohrcv



@usohr  
CV





# The Community Action Council (CAC)

**Keeping service members connected to family, home, and country since 1941**





# The Community Action Council (CAC)

## USOHRCV Programs



**Bob Hope Legacy Reading Program**



**Onsite Unit Support**





# The Community Action Council (CAC)

## USOHRCV Programs



**Canine Comfort Crew**



**Outdoor Adventure Team**





# The Community Action Council (CAC)

## USOHRCV Comfort Centers

**11 USO Comfort Centers located throughout Hampton Roads and Central Virginia provide a home away from home for service members and their families from every branch of the military.**

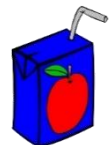




# The Community Action Council (CAC)

## Ft. Lee USO Amenities

- ✓ WiFi
- ✓ Computers
- ✓ Print, copy, scan, fax
- ✓ Beverages/coffee and snacks
- ✓ TV room with recliner sofas
- ✓ ~~X-box & PlayStation areas~~
- ✓ Bob Hope Legacy Reading Program
- ✓ Friendly and relaxing environment
- ✓ Special Events/Ticket Giveaways\*





# The Community Action Council (CAC)

## 1611 B Avenue



## (804) 765 - 3045





# The Community Action Council (CAC)

## Fort Lee USO Operations

- Current hours of operation Tuesday – Friday 1000 – 1600\*  
*\*(depending upon volunteer availability)*
- Current hours of operation (AIT Students ONLY) Saturday – Sunday 1200 – 1600\*  
*\*(depending upon volunteer availability)*
- For the most current information visit: [HRCV.USO.ORG](https://HRCV.USO.ORG)
- Follow us on Facebook, Twitter, Instagram & YouTube  
Search the handle [@USOHRCV](https://www.instagram.com/USOHRCV)





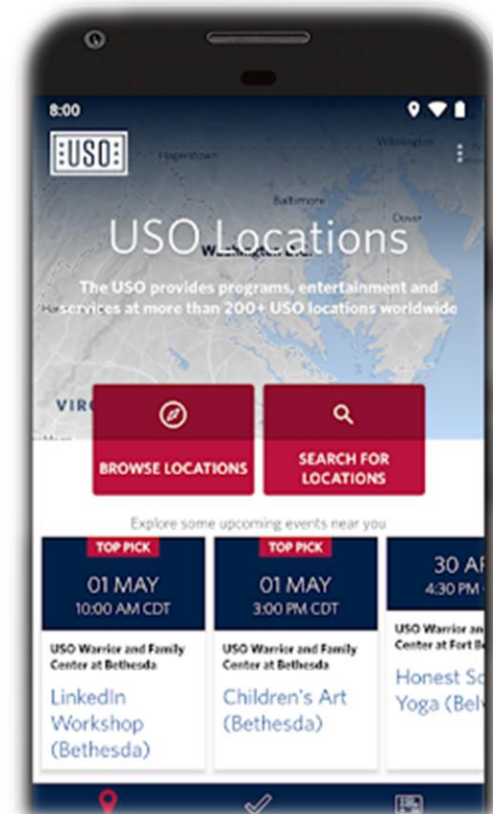
# The Community Action Council (CAC)

## Fort Lee USO Operations

- Download the USO Mobile App



- Check in faster with the USO app
- Check in all over the world with the USO app
- Find your nearest USO center with the USO app





# The Community Action Council (CAC)

## Upcoming Events

MAY

TBD Cookies, Books & Camo (Drive-Thru) Various Locations hrcv.uso.org/events	5/2 + 5/4 10am - 2pm May the 4 <sup>th</sup> Be with You (Drive-Thru & Virtual) hrcv.uso.org/events	5/7 Coffee Connection (Virtual) hrcv.uso.org/events/2 95
TBD Helping Hands for Heroes (Drive-Thru) hrcv.uso.org/programs	5/15 Red, White & BBQ Fort Lee & Fort Eustis hrcv.uso.org/events	5/16 Self-Care Sunday Mother's Day & MilSpouses (Virtual Zoom Event) hrcv.uso.org/events
5/21 + 5/25 Read, Write & You (Drive-Thru/Virtual) hrcv.uso.org/programs	5/23 Battle of the Branches USO Experience hrcv.uso.org/programs	5/24 USO Scavenger Hunt (Virtual via app) hrcv.uso.org/events



### Transitions



Read, Write & You!



JUNE

TBD Helping Hands for Heroes (Drive-Thru) hrcv.uso.org/programs	6/4 5pm - 9pm Song Writers Night USO Experience hrcv.uso.org/programs	6/12 6am Sunrise Yoga USO Experience hrcv.uso.org/programs
6/16 Coffee Connection (Virtual) hrcv.uso.org/events/2 95	6/19 Battle of the Brave USO Experience hrcv.uso.org/programs	6/25 + 6/29 Read, Write & You (Drive-Thru/Virtual) hrcv.uso.org/programs
6/26 - 6/27 Adventure Race USO Experience hrcv.uso.org/programs		





# The Community Action Council (CAC)

## BATTLE OF THE BRAVE

**JUNE 19, 2021**



**MILITARY BRANCHES COMPETE IN A FUNCTIONAL FITNESS COMPETITION FOR THE WINNING TITLE!**

### **CAMP PENDLETON**

203 Red Horse Drive  
Virginia Beach, VA 23451  
STARTING AT 9 A.M.

### **DIVISIONS**

- ADAPTIVE ATHLETES
  - RX (TEAMS M/F)
  - SCALED (TEAMS M/F)
- TEAMS ARE 2 MEN, 2 WOMEN



REGISTER INDIVIDUALLY OR AS A TEAM! OPEN TO ACTIVE DUTY, RESERVE/NATIONAL GUARD & MILITARY SPOUSES!



**MORE INFO: [MSCHWARTING@USO.ORG](mailto:MSCHWARTING@USO.ORG)**

Presented by  
USO Hampton Roads Central Virginia  
Outdoor Adventure Team (OAT)





# The Community Action Council (CAC)

## Be the Force – Volunteer!

Without our 850+ loyal volunteers, we could not keep centers open nor stage any events that add value to our service members' lives.

For more & to sign-up, visit: [volunteers.uso.org](https://volunteers.uso.org)





# The Community Action Council (CAC)

**We are the Force  
Behind Your Local Forces.**

*The USO keeps service members  
connected to family, home and country  
throughout their service to the nation.*

**HRCV.USO.ORG**



[Facebook.com/usohrcv](https://www.facebook.com/usohrcv)



[@usohrcv](https://www.instagram.com/usohrcv)



[@usohrcv](https://twitter.com/usohrcv)





# The Community Action Council (CAC)

*American Red Cross*

## 1. Upcoming Blood Drives –

Make your appointment at [redcrossblood.org](https://redcrossblood.org)

**Wednesday, 6/23/21 – 1300 - 1800**

**American Legion #284 Colonial Heights**

**Thursday, 6/24/21 – 0930 – 1430**

**Destination Church, Hopewell**

## 2. Virtual Resiliency Courses for Military & Adult Family Members and Veteran families.

Many sessions offered a month. **Go to the events section on @VARedCross Facebook** to find the registration for your session or **email Christy Carneal** (separate classes can also be set up for groups).

**American Red Cross**

***Christy.Carneal@redcross.org***





# The Community Action Council (CAC)

## *Exchange March Events*

- **Join Us In Celebrating The Army's Birthday:**
  
- **01 June 2021 Main Exchange Enter A Chance To Win**
  - 1 of 3 \$100 Exchange Gift Cards
  - 1 of 2 Monster Jam Trucks
  
- **14 June 2021 @1100-1300 Main Exchange**
  - Trivia For A Chance To Win
  - Giveaways
  - Decorative Treat
  - Drawing For Chance To Purchase A PS5, Enter Drawing From 1100-1300.





# The Community Action Council (CAC)

## FORT LEE AREA SPOUSES' CLUB (FLASC)



**Thank you for a great 2020-2021 Season!**

Keep an eye out for information about our Super Sign-Up Event this fall!

Our Sub-Clubs will be running through the summer! Follow our events on the next slide.

**Are you interested in being a part of the 2021-2022 FLASC Board of Directors?**

Contact us at [flascpresident1@gmail.com](mailto:flascpresident1@gmail.com) looking to fill the positions of:

Parliamentarian and Treasurer

To register and take advantage of our events please call or text Jen Majewski  
**804.721.4335**

**VOLUNTEERS  
NEEDED**



**STOP BY THE THRIFT STORE  
AND SPEAK TO THE MANAGER  
IF INTERESTED**

✓ **All Fort Lee Covid-19 and State of Virginia Guidelines will be followed**





# The Community Action Council (CAC)

## FORT LEE AREA SPOUSES' CLUB (FLASC)



### Upcoming FLASC Events

Friday, June 4 at 10:00 am - Brewer's Delight DJs Java Joint, 309 N. Sycamore St., Petersburg

Thursday, June 17 at 9:00 am - Outdoor Adventures at Petersburg National Battlefield

Monday, June 21 at 6:30 pm - Book Club - All We Ever Wanted by Emily Griffin

Tuesday, June 22 at 11:30 am - Lunch Bunch at Richland's Dairy and Creamery, 460 Cox Rd., Blackstone, VA

Thursday, July 1 - Outdoor Adventures Red, White & Blue Walk. Meet at Williams Stadium at 8:30 am

Wednesday, July 21 at 11:30 am - Lunch Bunch At Jimmy's Grill & Pizzeria, 5380 Oakland Blvd, Prince George

**Can't wait to see you!**

Register to take advantage of our events by texting or calling

Jen Majewski **804.721.4335**

✓ **All Fort Lee Covid-19 and State of Virginia Guidelines will be followed**





# The Community Action Council (CAC)



**KAYAKING**  
on the Appomattox

ALL EQUIPMENT PROVIDED

**JUNE 16 & 30 • JULY 14 & 28  
AUGUST 11 & 25 • SEPTEMBER 15**

DETAILS: (804) 765-2212/2059  [LEE.ARMYMWR.COM](http://LEE.ARMYMWR.COM)    FORT LEE FMWR



Outdoor Recreation  
**LEARN TO  
STAND UP  
PADDLE BOARD**  
on the Appomattox River

**June 23 • July 21 • August 11**

DETAILS: (804) 765-2212/2059  [LEE.ARMYMWR.COM](http://LEE.ARMYMWR.COM)    FORT LEE FMWR





# The Community Action Council (CAC)



*Opening February 16, 2021*

## LUNCH

@TheLeeClub

**\*DINE-IN or TO-GO**

**TUESDAY - FRIDAY**  
**11:30 AM - 1 PM**

A LA CARTE LUNCH, reservation or to-go.  
\*Reservations begin at 10 AM, TUE - FRI.  
To make a reservation, call (804)734-7547.

DETAILS: (804) 734-7547/7541 |  [LEE.ARMYMWR.COM](http://LEE.ARMYMWR.COM) |    FORT LEE FMWR



## LUNCH

@TheLeeClub

### MENU

<b>YAKISOBA</b>	\$12.95
[Chicken, Vegetables & Lo Mein Noodles]	
<b>BEEF BULGOGI</b>	\$13.95
[Mongolian Beef Stir Fry w/Rice]	
<b>BBQ SANDWICH</b>	\$11.95
[w/French Fries & Coleslaw]	
<b>TERIYAKI UDON</b>	\$12.95
[Vegetables, Egg Noodles w/Teriyaki Sauce]	
<b>FISH SANDWICH</b>	\$11.95
[w/French Fries & Coleslaw]	
<b>GRILLED CHICKEN CAESAR SALAD</b>	\$11.95





# The Community Action Council (CAC)

**AUT CRAFTS SHOP**

*Basic Auto*  
**MAINTENANCE**

**\$10**  
PER CLASS

MAY 16 • JUNE 6 • JUNE 20  
2 - 3 PM

 Details: (804) 734-6859 or [lee.armymwr.com](http://lee.armymwr.com)   FORT LEE FMWR

**AUT CRAFTS SHOP**

**OIL CHANGE CLASS**

MAY 15 • JUNE 5 • JUNE 19  
2 - 3 PM

**\$10**  
PER CLASS

 Details: (804) 734-2899 or [lee.armymwr.com](http://lee.armymwr.com)   FORT LEE FMWR





# The Community Action Council (CAC)

The Fort Lee Community Library

## SUMMER READING PROGRAM

READING COLORS Your WORLD

Reading & Craft Programs for Kids, Teens & Adults!



All programs are hosted at the **Bunker Hall Cafe**

**JUNE 15 - AUGUST 17**

Pre-registration begins **June 9**



(804) 765-8095 • [lee.armymwr.com](http://lee.armymwr.com)



FORT LEE  
FMWR





# The Community Action Council (CAC)

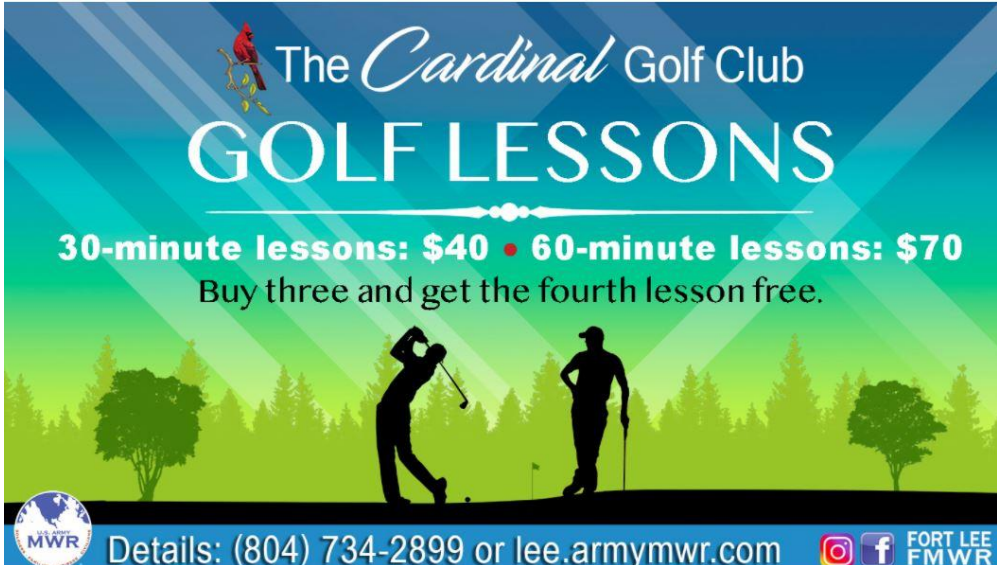


The *Cardinal* Golf Club

## Nine & Wine

Tee off is at 5 p.m.  
**the 2nd & 4th Monday of each month**  
*\$20 each person, each date*  
 Reserve your spot



Details: (804) 734-2899 or [lee.armymwr.com](http://lee.armymwr.com)   FORT LEE FMWR



The *Cardinal* Golf Club

## GOLF LESSONS

**30-minute lessons: \$40 • 60-minute lessons: \$70**  
 Buy three and get the fourth lesson free.

Details: (804) 734-2899 or [lee.armymwr.com](http://lee.armymwr.com)   FORT LEE FMWR





# The Community Action Council (CAC)

**The HideAway PRESENTS**

# SUMMER KICKOFF

**SATURDAY, JUNE 19**

Begins at 8 PM, Doors open at 6 PM  
Beach Wear, Karaoke & Specialty Drinks  
**NO COVER CHARGE**

**SPONSOR:** **FIRST COMMAND**  
Get Squared Away

PAID SPONSORSHIP. NO FEDERAL ENDORSEMENT IMPLIED.

**THE HIDEAWAY:** 5th Street, Bldg. 15013

**DETAILS:** (804) 734-1755 | **LEE.ARMYMWR.COM** | **FORT LEE FMWR**





# The Community Action Council (CAC)



Visit [usajobs.gov](https://usajobs.gov) and search keyword: NAF





# The Community Action Council (CAC)

**Next CAC**  
**Scheduled for 09:30 – 11:00**  
**September 07, 2021**

