

**U.S. ARMY**

Welcome to the Community Action Council Announcements

COL Hollie J. Martin
Garrison Commander
USARMY

August 04 2020



Army Logistics University

1. Community Presence

- ALU attendance is projected to increase from 890 to 1802 students by the end of August.
- Expect an increase in hotel reservations and apartment leasing.



2. Safety Restrictions:

- All students residing in the Fort Lee Holiday Inn Express will be quarantined for their first 14-days and tested within 48-72 hours of arrival.
- Students residing in the IHG will remain on post during their entire stay.
- ALU personnel are positioned at the IHG to enforce safety guidelines and COVID restrictions.
- Temperature checks are conducted twice a day.



3. Social Distancing:

- Classes are taught through a mixture of in-class and virtual instruction conducted via Blackboard and Microsoft Teams.
- In-person graduations are canceled until further notice but will be streamed on the ALU Facebook page.
- Please follow the ALU Facebook page for the latest information updates. <https://www.facebook.com/USAALU/>

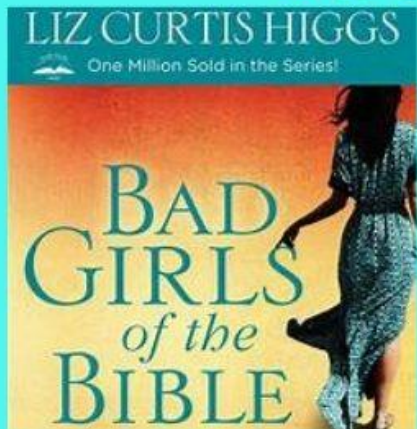


August 04 2020



RELIGIOUS SUPPORT OFFICE

PWOC: SUMMER 2020



BIBLE STUDY



COMMUNITY GROUPS

We have these small community groups that you are welcome to join on Thursdays.

Madison Park @ 11am
 Monroe Manor @ 09:30
 Harrison Villa @ 09:30
 Chester Area @ 09:30

ZOOM MEETING

Every Thursday
 @09:30 am on Zoom.

CONTACT US FOR MORE INFORMATION

Facebook:
 PWOC Fort Lee

Email:
ftleepwoc@gmail.com





RELIGIOUS SUPPORT OFFICE

Now Offering Online Giving

However God calls you to faithfully give, we make it simple.

Two New Ways to Give: Online



1) Login in using: www.armyctofdigitalgiving.com



2) QR scan on your
mobile Phone

If you have any questions, feel free to
Ask one of our staff members.

On line giving

For More info contact the
Religious Support Office
734-6494





Fort Lee Religious Support Office



Fort Lee UMTs are providing continual religious support through:

In Person Services on Sunday mornings at all Chapels

- ~ Virtual Worship Services still available
- ~ App-based spiritual resiliency studies
- ~ Confidential counseling
- ~ Free streaming of religious studies on Rightnow MEDIA ©



Follow us!



- Fort Lee Religious Activities



- FortLeeRSO



@ FortLeeRSO



@ FortLeeRSO



- (804)734-6494 (RSO Office)





RELIGIOUS SUPPORT OFFICE



Memorial Chapel Sunday Services:

Mass: 0900

Traditional: 1100, Masks required

Info: 734-0232



Liberty Chapel Sunday Services:

909 Contemporary: 0909,

Gospel: 1100

Masks required

Info: 734-7498



Heritage Chapel Sunday Service:

Hispanic: 1100, Masks required

For more information: Contact RSO-734-6494

or go to the RSO Facebook page





Summer Reading Program *Online*

FORT LEE COMMUNITY LIBRARY

Dig Deeper: Read, Investigate, Discover.
SUMMER READING PROGRAM *ONLINE*



Read at least 12 hours to win prizes, and earn virtual badges for reading and completing goals. Visit <https://lee.armymwr.com/promos/virtual-summer-reading-program> to sign up.





Military Family Life Counseling



Counselors are available for telephonic and video non-medical counseling sessions. Visit <https://lee.armymwr.com/promos/military-family-life-counseling> for contact information. Cost is free.





Fitness Classes at MAC



FORT LEE FAMILY AND MWR FITNESS CLASSES AUGUST 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
HIIT (High Intensity Training) starts August 18, 2020!					1 No Classes
3 Iyengar Yoga (All levels) 5:15-6:15pm (Diana)	4 SunRise Yoga 6:00-6:50am (Diana)	5 Iyengar Yoga (All levels) 5:15-6:15pm (Diana) Zumba 6:30-7:30pm (Nikisha)	6 SunRise Yoga 6:00-6:50am (Diana)	7 No Classes	8 No Classes
10 Iyengar Yoga (All levels) 5:15-6:15pm (Diana) Zumba 6:30-7:30pm (Nikisha)	11 SunRise Yoga 6:00-6:50am (Diana)	12 Iyengar Yoga (All levels) 5:15-6:15pm (Diana) Zumba 6:30-7:30pm (Nikisha)	13 SunRise Yoga 6:00-6:50am (Diana)	14 No Classes	15 No Classes
17 Iyengar Yoga (All levels) 5:15-6:15pm (Diana) Zumba 6:30-7:30pm (Nikisha)	18 SunRise Yoga 6:00-6:50am (Diana) HIIT 5:15-6:15pm (Natasha)	19 Iyengar Yoga (All levels) 5:15-6:15pm (Diana) Zumba 6:30-7:30pm (Nikisha)	20 SunRise Yoga 6:00-6:50am (Diana) HIIT 5:15-6:15pm (Natasha)	21 No Classes	22 No Classes
24 Iyengar Yoga (All levels) 5:15-6:15pm (Diana) Zumba 6:30-7:30pm (Nikisha)	25 SunRise Yoga 6:00-6:50am (Diana) HIIT 5:15-6:15pm (Natasha)	26 Iyengar Yoga (All levels) 5:15-6:30pm (Diana)	27 SunRise Yoga 6:00-6:50am (Diana) HIIT 5:15-6:15pm (Natasha)	28 No Classes	29 No Classes
31 Iyengar Yoga (All levels) 5:15-6:15pm (Diana)					

Purchase your fitness classes in person at MacLaughlin Fitness Center or online at lee.armymwr.com/programs/fitness-classes-1

NOTE: The cost is \$7 per class or 10 classes for \$35. Virtual Classes are free of charge.
You must be 18 years of age in order to attend the fitness classes and have a valid military ID card.
All classes are held at MacLaughlin Fitness Center. Personal Training and Running Coaching services are available.
For additional information call 804-765-3053 / 804-765-3052

Classes have a 12-person maximum. Students need to provide their own yoga mat, water, and towel. Visit <https://lee.armymwr.com/programs/fitness-classes-1> for monthly schedules.





Paddle boarding & Mountain Biking

Outdoor Recreation

LEARN TO STAND UP PADDLE BOARD





on the Appomattox River

June 24
July 15
August 12

Meet at Roslyn Landing by 5:45 p.m.
Group departs from the dock at 6:00 p.m.

Stand-Up Paddle Boarding is a thrilling watersport experience. This activity is an exciting full body workout that allows you to explore a scenic trip on the Appomattox River. Participants must wear shorts and a t-shirt (clothes that allow movement – or a bathing suit) and shoes you don't mind getting wet. Participants must be able to swim and have exceptional balance. Participants must register by noon on the day of the event.
Cost is \$25 per session.

Private outings (minimum of four people) available by appointment.

DETAILS: (804) 765-2212/2059  LEE.ARMYMWR.COM |    FORT LEE FMWR

FORT LEE OUTDOOR RECREATION

Mountain BIKING

in Battlefield Park

Enjoy a challenging tour of the park with our guide

\$20
per person
Open to
Age 14
& older

July 1 & 29
August 26
September 9 & 23

Group will meet at the park at 5:30 p.m.
Bike and helmet provided

DETAILS: (804) 765-2212/2059  LEE.ARMYMWR.COM |    FORT LEE FMWR

All equipment provided. Call (804)765-2059 to register.





Kayaking & Water Ski / Wakeboard School

Family and MWR Outdoor Recreation

KAYAKING

on the Appomattox



On these select Wednesday afternoons:
JUNE 17 AUGUST 5 & 19
JULY 8 & 22

Arrive at Roslyn Landing by 5:45 p.m.
Group will depart at 6:00 p.m.

Get your heart rate pumping while paddling on the Appomattox River - one of the most historic and charming waterways of the south. **Participants must RSVP by noon the day of the event.**

All equipment will be supplied at Roslyn Landing upon arrival. Equipment includes life jackets, paddles and kayaks.

Cost is \$25 per session

Directions to Roslyn Landing from Sisisky Gate:
 Travel on Temple Avenue towards Colonial Heights turning left at the light onto Dimmock Parkway. After traveling 1/4 mile, turn left at Roslyn Landing sign. Public boat ramp is located behind the Colonial Heights Animal Shelter.

Private outings (minimum of four people) available by appointment.

DETAILS: (804) 765-2212/2059  LEE.ARMYMWR.COM    FORT LEE FMWR

Family and MWR Outdoor Recreation

WATER SKI & WAKEBOARD

SCHOOL

**WAKEBOARDING, KNEEBOARDING
BAREFOOTING, SLALOM & MORE!**



JUNE through AUGUST

Lessons by appointment only on Mondays, Tuesdays, Thursdays & Fridays

These two-hour lessons/sessions are open to all students from novice to expert.

Sessions have a four-person minimum in order to be held. The water ski launch site is the Appomattox Small Boat Harbor.

Pre-registration is required
Cost is \$30 per person

DETAILS: (804) 765-2059  LEE.ARMYMWR.COM    FORT LEE FMWR

Equipment provided. Call (804)765-2059 to register.





Whitewater Rafting

FORT LEE OUTDOOR RECREATION
WHITEWATER RAFTING

SUNDAYS
July 26 • August 16*
 Rafts depart 1:45 PM

Join us for a thrilling whitewater experience on the scenic James River through Richmond!

The group will meet at the **Stone Brewery Parking Lot** (3401 Williamsburg Ave, Richmond, VA 23231)

Register for this trip at Outdoor Recreation. Paid registration is due the previous Friday for each date. Participants must be age 10 years or older.

***ACTIVE DUTY & VETERANS SPECIAL on AUGUST 16TH!**
 AD & VET pay only \$15 per person on AUGUST 16.
 Spaces will go fast, sign up today!

\$65.00
 PER PERSON
 *ACTIVE DUTY & VET
 SPECIAL AUG 16

DETAILS: (804) 765-2212/2059

LEE.ARMYMWR.COM FORT LEE FMWR

Sunday, 16 August 2020 @ 1:45pm

James River Whitewater Rafting

***ACTIVE DUTY & VETERANS**

Only \$15 per person*

Call (804)765-2059 to register.





Hero & Pontoon Boat Cruise

Outdoor Recreation

HERO BOAT CRUISE

Tour the
Appomattox & James Rivers

**RELAXATION • WILDLIFE • HISTORY
SWIMMING**



Evenings by appointment

June - August

\$75.00 for a couple's cruise

\$25.00 per person for group outing
(three-person minimum)



Details: **(804) 765-2059** or lee.army.mwr.com



FORT LEE
FMWR

Two-hour cruise on a Hero or Pontoon boat.
Mondays, Tuesdays, Thursdays, and Fridays.
Cost is \$25/person for a group, or \$75 for a
couple's cruise.

Call (804)765-2059 to register.





Outdoor Adventure Day @ Pocahontas State Park

FORT LEE OUTDOOR RECREATION

- Mountain Biking
- Kayaking

at Pocahontas State Park

AUGUST 8

*Book **BOTH** for only \$50*

DETAILS: (804) 765-2059



LEE.ARMYMWR.COM



FORT LEE FMWR

Cost is \$30 per activity or \$50 for both. Call (804)765-2059 to register.
All equipment is provided.





Soldier Showdown Online Tournaments



ONLINE
**SOLDIER
SHOWDOWN**



**COMPETE IN WEEKLY
ONLINE TOURNAMENTS**

SIGN UP NOW AT [ARMYMWR.COM/ESPORTS](https://armymwr.com/esports)



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Worldwide, 12-week multi-title/multi-platform Esports tournament. Visit <https://global.armymwr.com/promos/esport-soldier-show-down> for registration, leaderboards and weekly listings of game titles and prizes.





Employee Assistance Program

- ✓ **Fort Lee Employee Assistance Program (EAP)**
 - Voluntary, free, and confidential
 - Resources, referrals, short-term counseling
 - ANY issues impacting work-life balance
 - Eligibility
 - DoD Civilians (AF and NAF)
 - Retired Civilians and Military Personnel
 - Adult Family Members of Active Duty military and Civilians
 - Monday-Friday, 0730-1630
 - susan.p.loden.civ@mail.mil or 804-931-5111





FORT LEE AREA SPOUSES' CLUB (FLASC)

FLASC Annual Membership Drive

✓ **Super Sign Up Event**

- Annual Membership Drive and Community Partners
 - 11 Sept 2020, 10am -2 pm
 - At the Lee Club Outdoor Pavilion
 - All military families welcomed
 - Fort Lee Community Organizations and Off Post Vendors will be present.
- All Fort Lee Covid-19 and State of Virginia Guidelines will be followed





Directorate of Plans, Training, Mobilization, and Security

ANTITERRORISM AWARENESS PURPOSE

For the 2020 AAM Campaign, the Army's purpose is to instill heightened awareness and vigilance to thwart terrorist attacks and protect military personnel and critical resources from acts of terrorism.

Traveler Articles / SOCIAL MEDIA

- 6 August: Antiterrorism Awareness Month
- 13 August: Individual Protective Measures
- 20 August: See Something Say Something
- 27 August: Vigilance, preparation

Video

- See Something Say Something
- The Coming Storm (FBI Active Shooter)

STATIC AT BANNER DISPLAYS

High Visibility Publicity for AT Awareness

- 1-8 August (Post Exchange)
- 9-15 August (Commissary)
- 16-22 August (Lodging)
- 23-29 August (Soldier Support Center)

PORTABLE EXTERIOR SIGNS/ DFMWR Marque/Ft Lee Homepage

Report Suspicious Activity
See Something Say Something
Call 734-7400

MISSION. The Army conducts antiterrorism education and awareness during the month of August 2018 for Soldiers, DA civilians, family members, and retired soldiers and civilians to increase their antiterrorism awareness and vigilance across the Army.



Directorate of Human Resources



CAPITAL REGION



Virginia Career Works and Chesterfield-Colonial Heights Social Services

Invites you to participate in a

FREE VIRTUAL CAREER EVENT

SAVE THE DATE

WEDNESDAY, AUGUST 12, 2020

9:00 AM - 2:00 PM

Connect and chat live with employers from various industries
with immediate openings!

REGISTER TODAY



<https://vcwcapvirthiringevent.easyvirtualfair.com>

Chesterfield-Colonial Heights Department of Social Services is committed to providing services to individuals, families and the community by preventing dependency, encouraging self-sufficiency, preserving and restoring families, and promoting and protecting the well-being of children, the elderly and disabled.

To learn more about Chesterfield-Colonial Heights Social Services, please visit <https://www.chesterfield.gov/569/Social-Services>

Virginia Career Works-Capital Regional is an equal opportunity program. Auxiliary aids and services are available upon request to individuals with disabilities. TDD: VA Relay Center: 711 or 800-828-1120

To learn more about Virginia Career Works, please visit www.vcwcapital.com

Questions? Contact (804) 768-7334 or employmentcenter@chesterfield.gov

A VIRGINIA
CAREER WORKS
PARTNER

Virtual Ten Steps to a Federal Job Workshop

August 13, 2020

1:00 pm – 3:30 pm

Are you a Transitioning Service Member, Veteran or Military Spouse seeking employment but don't know where to begin with conveying your skills on your resume? Join the Virginia Employment Commission Jobs for Veterans State Grant Program (JVSG) team for a workshop that will cover the content on creating a federal resume. This class is facilitated by a Certified Federal Job Search Trainer and Certified Federal Career Coach.

About Virginia Career Works Crater Region

The Virginia Career Works Crater Region is dedicated to promoting the employment of our Veterans. We counted on you...now count on us to help you find your next career!

Our One Stop staff builds relationships with employers and engage in advocacy efforts with hiring executives and managers to increase employment opportunities for Veterans. They are also responsible for ensuring that Veterans receive the full range of priority workforce services in the One-Stop Career Center.

Be Prepared

Items needed: Resume, Evaluations Reports, and other employment references.

TO REGISTER

Email: army.lee.SFLTAP@mail.mil

OR

Call: 757-550-1766

Link to Virtual Platform will be emailed to those that register
through the Fort Lee SFL-TAP Center

WWW.VEC.VIRGINIA.GOV AN EQUAL OPPORTUNITY EMPLOYER PROGRAM
Auxiliary aids and services are available upon request to individuals with disabilities. TDD: VA Relay Center: 711 or 800-828-1120





Directorate of Human Resources

VIRTUAL CAREER FAIR

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August 18, 2020

RECRUIT // MILITARY®

DAV | **CONNECTING
VETERANS
WITH EMPLOYERS**





Directorate of Human Resources

BOOTS to BUSINESS
with the U.S. Small Business Administration

Interested in starting a
Veteran – owned small business?
Sign up for **Boots to Business**
ONLINE, an entrepreneurship
training program for Service mem-
bers and their spouses.



The Boots to Business entrepreneurship training program is provided through the educational efforts of the SBA and its related partner network. All SBA services are subject to the policies and procedures of the SBA. Reasonable arrangements for persons with disabilities will be made if requested at least 30 days in advance.

Fort Lee
Boots to Business Online
Presented By:
ODUVBVC

Date: August 18-19
Time: 0830-1200

Due to the COVID-19 Situation
this class will be held online
only. The link to the virtual class
will be sent out to those who
register.

To register for the online
class please contact
Fort Lee
Soldier For Life
Transition Assistance Program
(SFL-TAP)
(757) 550-1766
army.lee.sftap@mail.mil

ODUVBVC
Contact: vboc@odu.edu

VETERANS'
TRANSITION FORUM

**The Best Job
for a Veteran is
Being the BOSS!**

EVENT Franchise & Finance Seminar
LOCATION Online
DETAILS VetForum.org/online-seminar | Visit the link, fill out the form
and we will send you dates and times for future online seminars and
register you for a seminar.
QUESTIONS Please email ptrlgg@vet-forum.org

Want to own a business?
Attend the Franchise and Finance Seminar!
You will learn:

- » How to Acquire a Franchise or start Independent business.
- » How to Select a Business Model that is right for you. There are more than 3,000 franchise companies in America.
- » Affordability – There are hundreds of franchise opportunities with a total investment under \$150,000!
- » Financing Opportunities – YES, financing is available!
- » Why Franchise Companies are actively recruiting veterans.
- » Free Services that will help you start your business.
- » Spouses are Welcome and encouraged to participate!

For more information about
Veteran's Transition Forum:
VetForum.org

Veterans' Transition Forum (VTF) is a 501(c)(3) non-profit organization. The services we provide are FREE to all transitioning service members, veterans, members of the National Guard and Reserve Components and their spouses. Our management team is comprised of military veterans with combined more than 80 years' business experience in sales, employment, business start-ups, operations, and marketing.





Directorate of Human Resources



CAREER SKILLS PROGRAM



NETWORKING. OPPORTUNITY. WORK.

*We invite
Transitioning Service
Members, Veterans
and Military Spouses
to join us!*

VIRTUAL ARMY CAREER SKILLS PROGRAM (CSP) SEMINAR

**Thursday, August 20, 2020
10:00 - 12:00 PM
SSC, SFL-TAP, Rm 124**

Visit
army.lee.SFLTAP@mail.mil to
learn more and to register

Contact
verna.f.bellamy.civ@mail.mil for
additional questions



FEATURED PROGRAM OPPORTUNITIES:

*Air -Streams
New Horizons Computer
Learning Center
Global Institute of Technology
Shippers' Choice
Southside VA Community College
Universal Technical Institute
Amazon Military Skills-bridge
ARES KLXS -III Internship
Capital Region - Richmond WIOA
Crater Region - Petersburg WIOA*

** Limited Space Available,
Register Now!*



TRANSITION ASSISTANCE PROGRAM
Soldier Support • Service Strategy • Readiness Strategy • Demolition Strategy



VIRTUAL RESUME WRITING WORKSHOP

YOUR RESUME IS YOUR MOST IMPORTANT TOOL WHEN APPLYING FOR A JOB

It doesn't matter how qualified you are, or how much experience you have - if your resume is poorly presented or badly written, you're going to have trouble getting the job you want - or even an interview.

Need some basic information about writing a resume and making it stand out? Looking for advice on how to fine-tune your resume objective, craft your work history section, and show off your education and skills? Then you need to attend the Resume Writing Workshop to learn how to write a resume optimizing each section for maximum success.

Fort Lee Soldier for Life Transitional Assistance Program (SFL-TAP)
Soldier Support Center
1401 B Avenue, Building 3400, Room 126, Fort Lee, VA 23801-1724
Hours: Monday-Friday, 7:30 a.m. to 4:30 p.m. (closed on federal holidays)
Phone: (804) 734-6612; DSN: 687-6612

VIRTUAL VTAP RESUME WORKSHOP Fort Lee

**Tuesday
August 25, 2020
0900-1200**



CONTACT

(757) 550-1766 or
army.lee.SFLTAP@mail.mil
1 To register





Directorate of Human Resources



VIRTUAL JOB FAIR

THURSDAY, AUGUST 27, 2020 – 3 PM to 7 PM

Recruitment Focus:

Patuxent River, MD ... Andrews AFB, MD ... Dahlgren (King George), VA

Note – Patuxent River (Aug 11) ... Andrews AFB (Aug 13) ... Dahlgren (Aug 27)

In-Person Job Fair Events MOVED to the VIRTUAL platform on August 27th.

JOBSEEKERS –

3 STEPS FOR REGISTERING & PREPARING

STEP ONE

VISIT WWW.JOBZONEONLINE.COM TO REGISTER AND POST-LINK RESUME. Click **Register For A Career Fair**. Upload Resume. Link Resume to August 27th Virtual event. All new company updates and announcements will be posted online.

STEP TWO

TRAINING VIDEO / WEBINAR WILL BE PROVIDED TO ALL REGISTERED CANDIDATES.

STEP THREE

THE LOGIN LINK TO THE VIRTUAL PLATFORM FOR ADDING PROFILE AND RESUME WILL BE PROVIDED TO ALL REGISTERED CANDIDATES. Easy process (5 minutes). Complete profile, email, upload resume. Save your password and username for the day of the event.

PARTIAL LISTING OF COMPANIES

Charles County Sheriffs, Disk Enterprise Solutions (DESI), Fleet and Family Support Center – Patuxent River, JobZone, Naval Engineering Logistics Office (NELO), Precise Systems, Resource Management Concepts, Spalding Consulting, Tekla Research, United States Capitol Police, VectorCSP, New Horizons Computer Learning Centers, Maryland Department of Labor, PLUS MANY MORE.

THE RÉSUMÉ XPERT "Mobile Résumé Service and MOS CAREER SERVICES will be available for a resume critique and to answer questions.

AGENCIES / COMPANIES:

CONTACT JOBZONE TODAY TO RESERVE YOUR SPACE!

Resume Database Access will be available to all participating companies instantly.

FOR MORE INFORMATION, CONTACT JOBZONE.

434-263-5102 / 540-226-1473 Janet.Giles@JobZoneOnline.com



CISA VIRTUAL HIRING EVENT

July 27 - 31

Special Recruitment for Veterans



WE'RE HIRING!

Continue your service to America!

WHAT YOU NEED TO APPLY:

- Resume
- DD-214
- VA Letter
- Click [here](#) to learn more about Veteran hiring authorities and the required documents you will need to submit.

HOW TO APPLY:

Submit your resume and supporting document(s) to veterans@cisa.dhs.gov.

The Cybersecurity and Infrastructure Security Agency (CISA) is hiring!

We are looking for candidates with diverse backgrounds across multiple professional career fields such as cybersecurity, human resources, management analysis, risk and security, and more. End each work day knowing you played a role in protecting the Nation from some of the most emerging and critical threats.

MISSION AND BUSINESS POSITIONS

Supervisory HR Specialist | Staffing, Classification, Talent Management GS-201-15; Arlington, VA (3 positions)

HR Specialist | Employee Benefits | GS-201-12/13; Arlington, VA

Management & Program Analyst | Exercises; Emergency Response Evaluation GS-343-8/11/12; GS-343-11/12/13; Arlington, VA

Instructional System Specialist | GS-1750-11/12; Arlington, VA

WHAT TO EXPECT

Submit your resume by July 22, 2020 and indicate your career interest. Hiring officials will review resumes and contact top candidates directly to set up virtual interviews. Interviews are expected to occur by July 31, 2020.

Learn more at

www.cisa.gov/virtual-hiring-event.

www.cisa.gov/careers

#becomeaCISAZen





The Community Action Council (CAC)

Next CAC
Scheduled for 09:30 – 11:00
September 01, 2020

