



U.S. ARMY®



# Welcome to the Community Action Council

COL Hollie J. Martin  
Garrison Commander  
USARMY

03 December 2019



# Community Action Council (CAC)

## HHC CASCOM (SFRG) Holiday Party

**Who:** HHC, CASCOM(Soldiers, Civilians, Family, and Friends)

**What:** HHC CASCOM SFRG Holiday Party

**When:** December 13, 2019 (1800-2000)

**Where:** Quartermaster Museum

**Why:** Promote Cultural Diversity and Awareness, while enhancing Soldier and Family Morale and Develop Unit Esprit-de-corps

**Holiday  
Cultural Celebration  
Party**



- Civilian Cultural and/or Holiday Attire is encouraged but not mandatory



# Community Action Council (CAC) USATSCH



Who: Prince George County Parks and Recreation Department

What: Annual Tree Lighting Ceremony

When: 4 December

Where: Prince George Regional Heritage Center's Lawn  
6406 Courthouse Road  
Prince George, VA 23875

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# Community Action Council (CAC) USATSCH

Who: Prince George County Parks and Recreation Department

What: Christmas Parade

When: 7 December

Where: Starts at Beazley Elementary School (6700 Courthouse Rd)  
Ends at Gregory Memorial Presbyterian Church (6300 Courthouse Rd)





# Community Action Council (CAC) USATSCH

## PRINCE GEORGE COUNTY PUBLIC SCHOOLS SCHOOL CALENDAR

11 December – Interim Reports for Students

23 Dec -3 Jan – Christmas Break

Parent Conferences for Elementary School are by appointment only throughout the year







# Community Action Council (CAC)



## 16<sup>th</sup> OD BN Holiday Potluck Luncheon

Come join us for a family friendly event on

**Tuesday the 17<sup>th</sup> of December at 1130  
At Stever Hall**

### Events:

Santa will be available for pictures  
Ugly Sweater Contest  
Guess the amount of candy







# Community Action Council (CAC)

## 23d QM BDE Community Involvement



**04 December 2019** – 262<sup>nd</sup> QM BN (V Co) – Lunch Buddies at Walnut Hill Elementary School, Petersburg, VA

**05 December 2019** - 262<sup>nd</sup> QM BN (C Co) – Food Pantry Assistance, Colonial Heights, VA

**06 December 2019** – 262<sup>nd</sup> QM BN (R Co) – Prince George High School JROTC Program Assistance, Prince George, VA



**11 December 2019** – 262<sup>nd</sup> QM BN (V Co) – Feed the Hungry Program, Dinwiddie, VA

**10-11 December 2019** - 244<sup>th</sup> QM BN (All)- Holiday Helper – Fort Lee, VA

**18 December 2019** – 244<sup>th</sup> QM BN Back to School lunch Buddy (G CO) – Dinwiddie School – Petersburg, VA

**13 DEC 19-** CARES Homeless Shelter 266<sup>th</sup> QM BN Petersburg, VA



**11 DEC 19-** Woodside High School 266<sup>th</sup> QM BN(Echo Company)





# Community Action Council (CAC)

## 59<sup>th</sup> Ordnance Brigade

**Who:** Charlie Company, 16th Ordnance Battalion (Class 001B)

**What:** Light Up the Night

**When:** 08DEC19

**Where:** City of Hopewell via Hopewell Recreation and Parks



**Why:** This event is a partnership with several organizations that provide a parade, tree lighting, and activities such as carriage rides, photos w/ Santa, craft shopping, petting zoo and concerts. Soldiers will assist with securing parade participant parking, parade participant check-in, staging, crowd control and children activities. The program is designed to improve the civic mindedness of our Soldiers and encourage their permanent adoption of the Army value of Selfless Service.

**POC:** CPT Stephen Long, 765-9319; SSG Ciminello, jeanna.m.ciminello.mil@mail.mil, 765-9329

**VIP**

N/A

**CASCOM Command Team Attendance**

N/A







# Community Action Council

**Who:** 59th Ordnance Brigade

**What:** USAREC STEM Tour

**When:** 09-13DEC19

**Where:** Great Bridge HS, Green Run HS, Hopewell HS  
and Franklin Military Academy



**Why:** To showcase the Army's Science, Technology, Engineering, and Math (STEM) career fields to local high school students across Virginia and share with them potential STEM opportunities. Our approachable and professional Soldiers will provide a positive and direct civil-military engagement that showcases the U.S. Army, CASCOTM and the Ordnance Corps.

**POC:** MAJ Klemmer, Michael, michael.w.klemmer.mil@mail.mil, 804-765-9411

**VIP**

N/A

**CASCOTM Command Team Attendance**

N/A





# Community Action Council (CAC)

## 59<sup>th</sup> Ordnance Brigade

### Alpha Company, 832d Ordnance Battalion

18NOV19 – Elementary Book Fair

22NOV19 – Winter Meal (K-2) & Meet and Greet

### Bravo Company, 832d Ordnance Battalion

21NOV19 – Grandparent Breakfast Day; Beulah Elementary

### Charlie Company, 832d Ordnance Battalion

22NOV19 – Career Day; Falling Creek Elementary

12DEC19 – Holiday Extravaganza; Falling Creek Elementary

### Delta Company, 832d Ordnance Battalion

DEC19 – Holiday Toy Drive; Harrowgate Elementary

### Echo Company, 832d Ordnance Battalion

06NOV19 – Veteran Elderly Home Luncheon



### Alpha Company, 16th Ordnance Battalion

06 DEC 19 – Holiday Helper Support; Fort Lee

### Bravo Company, 16th Ordnance Battalion

06 DEC 19 – Holiday Helper Support; Fort Lee

### Charlie Company, 16th Ordnance Battalion

08 DEC 19 – Light up the Night Event; Hopewell

13 DEC 19 – Book Buddy Program; Walton Elementary

### Delta Company, 16th Ordnance Battalion

19-20 NOV 19 – Grandparents' Lunch; Enon Elementary

### Echo Company, 16th Ordnance Battalion

28 NOV 19 – "Thank You" Thanksgiving Event; Curtis Elementary

### Foxtrot Company, 16th Ordnance Battalion

06 DEC 19 – Recess Visit; Ecoff Elementary



### HHC, 59th Ordnance Brigade

11DEC19 – Genius Hour; Thomas Dale High School

### Alpha Company, 73d Ordnance Battalion

23NOV19 – Volunteer at Food Pantry; Strong Tower Church

### Bravo Company, 73d Ordnance Battalion

10DEC19 – Christmas Food Drive; Colonial Heights Food Pantry





# Community Action Council (CAC)

## Kenner Army Health Clinic



### ✓ **Adult Family Members**

- Family Medicine Clinic:  
Tues and Wed 7:30-10:00 a.m.

### ✓ **Children**

#### *Pediatric Clinic:*

- Tues and Wed, 7:30-11 a.m. and 1:15-3:15 p.m.
- Thursday mornings, 7:30-11 a.m.

### **DOD Civilians**

- Occupational Health Clinic Fridays
- 9:00-11:00 a.m.

### **Military**

- Army Public Health Nursing is scheduled to come to your unit

### **All Tricare Beneficiaries**

- No copay at Tricare network pharmacies that offer the flu vaccine







# Community Action Council (CAC)

## Kenner Army Health Clinic



**TRICARE is implementing an Open Season for enrollment.**

**You can ONLY enroll in TRICARE Prime, TRICARE Select, or FEDVIP during Open Season or after a Qualifying Life Event.**

**Learn more about QLEs at [www.tricare.mil/LifeEvents](http://www.tricare.mil/LifeEvents).**





# Community Action Council (CAC)



# Community Action Council (CAC)



## TRICARE PHARMACYCOSTS



This Is Your Benefit.

### DID YOU KNOW?

On Jan. 1, 2020, TRICARE Pharmacy copayments will change.

#takecommand



POINT OF SERVICE	Generic Formulary Copayment		Brand-Name Formulary Copayment		Non-Formulary Copayment		Non-Covered
	Current	2020	Current	2020	Current	2020	2020
<b>Military Pharmacy</b> (90 Day Supply)	\$0	\$0	\$0	\$0	Generally not available without medical necessity.		Not Available
<b>TRICARE Pharmacy Home Delivery</b> (90 Day Supply)	\$7	\$10	\$24	\$29	\$53	\$60	Not Available
<b>Retail Network</b> (30 Day Supply)	\$11	\$13	\$28	\$33*	\$53	\$60*	Full Cost

\* For all beneficiaries except Active Duty Service Members, select brand-name maintenance medications (taken for long-term conditions) may only be filled twice at retail and then must be filled via home delivery or military pharmacy.

TRICARE.mil/costs







# Community Action Council (CAC)

## Kenner Army Health Clinic

### **ARMY WELLNESS CENTER FIT FOR DUTY CHALLENGE!**

- Competition is from January – March to start 2020 right!
- Teams of 5-10
- Score points by attending AWC classes, completing AWC assessments, participating in ACS events, or improving body composition and fitness
- Opportunities for bonus points announced during the competition
- Registration now open until 16 December. Email Danielle Spragley for details ([Danielle.d.spragley.ctr@mail.mil](mailto:Danielle.d.spragley.ctr@mail.mil)).





# Community Action Council (CAC)

## Kenner Army Health Clinic

# VAPING

### What is Vaping?

Vaping is the inhaling of a vapor created by an electronic cigarette (e-cigarette) or other vaping device.

E-cigarettes are battery-powered smoking devices. They have cartridges filled with a liquid that usually contains nicotine, flavorings and chemicals. The liquid is heated into a vapor, which the person inhales. That's why using e-cigarettes is called "vaping."

#### Vapor is not just water

- E-cigarette vapor is an aerosol mist full of toxic chemicals.
- Many people think with flavored vapes that they are inhaling harmless flavored water.
- Some of the toxins found in vapes include formaldehyde, heavy metals such as nickel, tin or lead, and other chemicals known to harm health.

#### The use of e-cigarettes is unsafe for kids, teens and young adults

- Most e-cigarettes contain nicotine. Nicotine is highly addictive and can harm adolescent brain development, which continues into the early to mid-20s.
- E-cigarettes can contain other harmful substances besides nicotine.
- Young people who use e-cigarettes may be more likely to smoke cigarettes in the future.

#### Other risks for everyone

- Scientists are still learning about the long-term health effects of e-cigarettes.
- Some of the ingredients in e-cigarette aerosol could also be harmful to the lungs in the long term. For example, some e-cigarette

flavorings may be safe to eat but not to inhale because the gut can process more substances than the lungs.

Defective e-cigarette batteries have caused some fires and explosions, a few of which have resulted in serious injuries.

Children and adults have been poisoned by swallowing, breathing, or absorbing e-cigarette liquid through their skin or eyes.

### Some types of e-cigarettes

- Hookah Pens
- JUUL
- E-hookahs
- Vape pens
- Ends
- Pipes
- Tanks

The CDC, U.S. Food and Drug Administration, state and local health departments, and other clinical and public health partners are investigating a multistate outbreak of severe pulmonary disease associated with e-cigarette product (devices, liquids, refill pods, and/or cartridges) use. This investigation is ongoing and has not identified a cause, but all reported cases have a history of using e-cigarette products.



### What is a JUUL?

Also called JUULing, it is a new e-cigarette shaped like a USB flash drive being used by students in schools.

JUUL's nicotine liquid refills are called "pods." JUUL is available in several flavors such as Cool Cucumber, Fruit Medley, Mango and Mint.



Although JUUL is currently the top-selling e-cigarette brand in the U.S., other companies sell e-cigarettes that look like USB flash drives. Examples include the MarkTen Elite, a nicotine delivery device and the PAX Era, a marijuana delivery device that looks like JUUL.

All JUUL e-cigarettes have a high level of nicotine. According to the manufacturer, a single JUUL pod contains as much nicotine as a pack of 20 regular cigarettes.

### How to get help?

Visit the website to "Become a Smokefree Teen," located at [www.teen.smokefree.gov](http://www.teen.smokefree.gov), for the tools and tips provided on how to quit vaping.

The Centers for Disease Control and Prevention website, [www.cdc.gov/e-cigarettes](http://www.cdc.gov/e-cigarettes) also provides information.

For assistance at Kenner Army Health Clinic, contact the Public Health Nursing Office at 804-734-9304.

Information provided by CDC.gov and illustrated by Lesley Atkinson, KAHIC PAC

### In the U.S., teenagers are more likely than adults to use e-cigarettes

In 2016, 3.6 million U.S. middle and high school students used e-cigarettes in a 30-day period.

**For assistance at Kenner Army Health Clinic, contact the Public Health Nursing Office at 804-734-9304**

Scientists are still learning about the long-term health effects of e-cigarettes







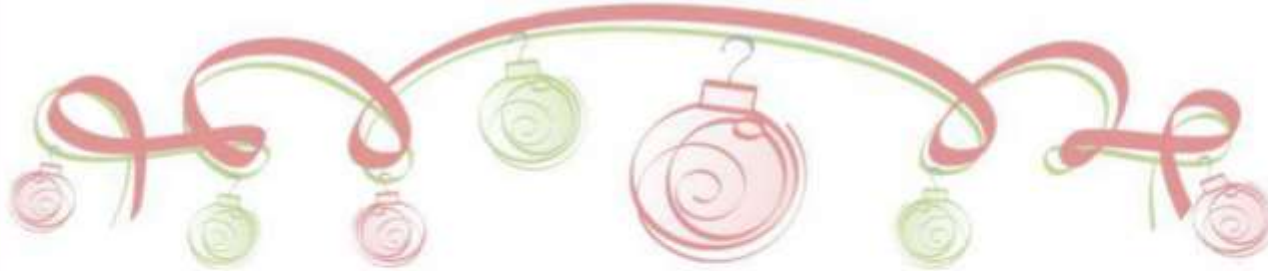
# Community Action Council (CAC)

## Holiday Block Leave Healthcare

- Active Duty Clinic and TMC 2 will remain open during Holiday Block Leave Dec. 20 – Jan. 3. TMC1 will be closed.
- Kenner AHC will be closed 25 Dec 19 and 1 Jan 20.
- In case of emergency that threatens life, limb, or eyesight, CALL 911 or report to the nearest hospital emergency room.
- For urgent care referrals/questions and healthcare advice for all holidays, after-hours or while traveling, **call the Nurse Advice Line at 1-800-TRICARE (800) 874-2273, and choose option 1 for referral authorization** to an urgent care clinic or to speak to a nurse.







**\*\*ATTENTION MEN\*\***

FORT LEE PROTESTANT MEN OF THE CHAPEL (PMOC)

Cordially invites you to our

# ANNUAL HOLIDAY BREAKFAST

Saturday, 14 December 2019

8 AM – 9:30 AM

## Location:

Golden Corral

2501 Conduit Road

Colonial Heights, VA 23834

Please R.S.V.P. by Friday, 6 December 2019 to  
CW5 Travis Elliott (PMOC President), John Curd, or email

[fortleepmome@gmail.com](mailto:fortleepmome@gmail.com)

No cost to attend.

Your family/guest are welcomed.





# Community Action Council (CAC)



## Officer Christian Fellowship



**When: Every Wednesday**

**Time: 1830-1930**

**Where: ALU Room 3508**

**Who: Both commissioned and warrant officers**

**\*Dinner is provided**

**POC: CH (CPT) KIMBERLY INGRAM @ (804) 720-8267**







# Community Action Council (CAC)

## Renew Communion Service

Every WED 1145-1230hrs  
at Heritage Chapel  
(corner of Sisisky & C Avenue)

A time for mid-week reflection, healing, and spiritual renewal.  
Food and fellowship following the service.

**Everyone is welcome!**

POC: Chaplain Mike Keifman  
[Michaelkeifman2.mil@mail.mil](mailto:Michaelkeifman2.mil@mail.mil)







# Community Action Council (CAC)

## Bonds Event

***Begins - Friday, 21 February, 1700hrs***

***Ends - Sunday, 23 February, 1200hrs***

*Training, Meals, Hotel, and Childcare Provided  
(TBD) Location To Be Determined (TBD)*

This Strong Bonds training event is designed to enable Senior Leaders in build relationships that are emotionally healthy and productive. The training is scheduled for 3 hours on Friday night and 3 hours on Saturday and Sunday mornings. The afternoons are free for recreational activity.

***REGISTER NLT 21 January, 2020***

***Chaplain (MAJ) Hines – [Benjamin.I.hines.mil@mail.mil](mailto:Benjamin.I.hines.mil@mail.mil)***



Location To Be  
Determined



Location To Be Determined





# Community Action Council (CAC))



UNCLASSIFIED

## Fort Lee Religious Support Office HBL Coverage



\*\*\*Emergency Chaplain Duty will be available throughout HBL\*\*\*

<b>Dinner &amp; Discipleship</b>	Memorial Chapel FLC	Last will be December 11, 2019	Next will be January 8, 2020
<b>Resupply Service (AIT)</b>	Clark Fitness Center	Last will be December 15, 2019	Next will be January 12, 2020
<b>Reload Service (AIT)</b>	Resiliency Center	Last will be December 15, 2019	Next will be January 12, 2020
<b>Hispanic Service</b>	Heritage Chapel	Last will be December 15, 2019	Next will be January 5, 2020
<b>Catholic Mass</b>	Memorial Chapel	Sunday, December 22, 2019	Catholic Mass 0900 Hours
	Memorial Chapel	Tuesday, December 24, 2019	Children's Christmas Play 1600 Hours
	Memorial Chapel	Tuesday, December 24, 2019	Christmas Vigil Mass 1630 Hours
	Memorial Chapel	Wednesday, December 25, 2019	Christmas Day Mass 1000 Hours
	Memorial Chapel	Sunday, December 29, 2019	Catholic Mass 0900 Hours
	Memorial Chapel	Wednesday, January 1, 2020	Mary, Mother of God 1000 Hours
<b>Traditional Service</b>	Memorial Chapel	Sunday, December 22, 2019	1100 Hours
	Memorial Chapel	Tuesday, December 24, 2019	1900 Hours
	Memorial Chapel	Sunday, December 29, 2019	1100 Hours
<b>909 Contemporary Service</b>	Liberty Chapel	Sunday, December 22, 2019	0909 Hours
	Liberty Chapel	Sunday, December 29, 2019	0809 Hours
<b>Gospel Service</b>	Liberty Chapel	Sunday, December 22, 2019	1100 Hours
	Liberty Chapel	Sunday, December 29, 2019	1100 Hours
	Liberty Chapel	Tuesday, December 31, 2019	Watch Night Service 2200 Hours

\*\*\*NO BUS TRANSPORTATION for AIT Soldiers Sunday's, DEC 15, 22, 29 & JAN 5 2020\*\*\*

UNCLASSIFIED

Support Starts Here! 1







# Community Action Council (CAC)

*Grand Illumination* **Fort Lee's Family and MWR**  
**DECEMBER 5, 4:30 PM**  
 Community Action Council (CAC) **ON THE**  
**LEE CLUB LAWN**  
 MAHONE AVE. & BATTLE DRIVE, FORT LEE, VA  
**Santa arrives at 5 PM!**

**FIRST  
COMMAND**

**omni**  
FINANCIAL

**Fort Lee**  
FEDERAL CREDIT UNION

**FORT LEE**  
FAMILY HOUSING

**Sprint**

**SEDONA**  
TAPHOUSE

**TOPGOLF**



Commercial sponsorship does not imply an endorsement of goods or services by the U.S. Army.

**Details: (804) 765-1539 • [lee.armymwr.com](http://lee.armymwr.com)**



**FORT LEE  
FMWR**







# Community Action Council (CAC)

## FORT LEE COMMUNITY LIBRARY

**FREE**

### HOLIDAY EXTRAVAGANZA

**FRIDAY, DECEMBER 6, 5:00 - 7:00 PM**

**Stories • Crafts • Snacks • Santa!**

Details: (804) 765-8095 or [lee.armymwr.com](http://lee.armymwr.com)



FORT LEE  
FMWR





# Community Action Council (CAC)

## The HideAway

# Ugly Christmas Sweater & End of the Year Party

Party in your most outrageous holiday sweater!

## Saturday, December 7

**Doors open: 6 pm & Party: 8 pm**

Come celebrate the season with a fun festive party!

**SPONSOR:**  **FIRST COMMAND**  
Get Squared Away

Paid sponsorship. No federal endorsement implied.

**DETAILS: (804) 734-1755**



**LEE.ARMYMWR.COM**



**FORT LEE FMWR**







# Community Action Council (CAC)

Family and MWR

## WATCH THE GAME HERE!

# ARMY vs NAVY



## SATURDAY, DECEMBER 14, 3 PM

@ **TENSTRIKE**

BOWLING ENTERTAINMENT CENTER, BLDG. 8016, 2403 C AVENUE

DETAILS: (804) 734-6860



LEE.ARMYMWR.COM



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# Community Action Council (CAC)

Family and MWR

# Strikin New Year's Eve

Bowling, Dinner Buffet and Champagne Toast at Midnight

**TUESDAY, DECEMBER 31, 7 PM - 1 AM**  
**@ TENSTRIKE**

BOWLING ENTERTAINMENT CENTER, BLDG. 8016, 2403 C AVENUE

DETAILS: (804) 734-6860



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# Community Action Council (CAC)

**Take A Growler Home For The Holidays! It Makes The Perfect Gift!**

# The Fort Lee GROWLER



**\$8.00**

Fill with your  
choice of beer for  
an additional  
cost

**AVAILABLE AT:**

**The HideAway • Sustainers' Pub • TenStrike Bowling Center • Cardinal Golf Club**

**Details: (804) 734-7182 or [lee.armymwr.com](http://lee.armymwr.com)**



**FORT LEE  
FMWR**



# Community Action Council (CAC)

## AAFES



- Colgate Dental Van will be at the Main Exchange  
14 December @ 1100 (this is a reschedule from June)
- Main Exchange will start Exodus Hours
  - 23rd 1000-1800
  - 24th 0900-1800
  - 25th Closed – Christmas Day
  - 26-31 1000-1800
  - 01st Closed – New Year's Day
  - 02nd 1000-1800
  - 03rd Resume Normal Business Hours



VIP

NA

CASCOM Command Team Attendance

N/A





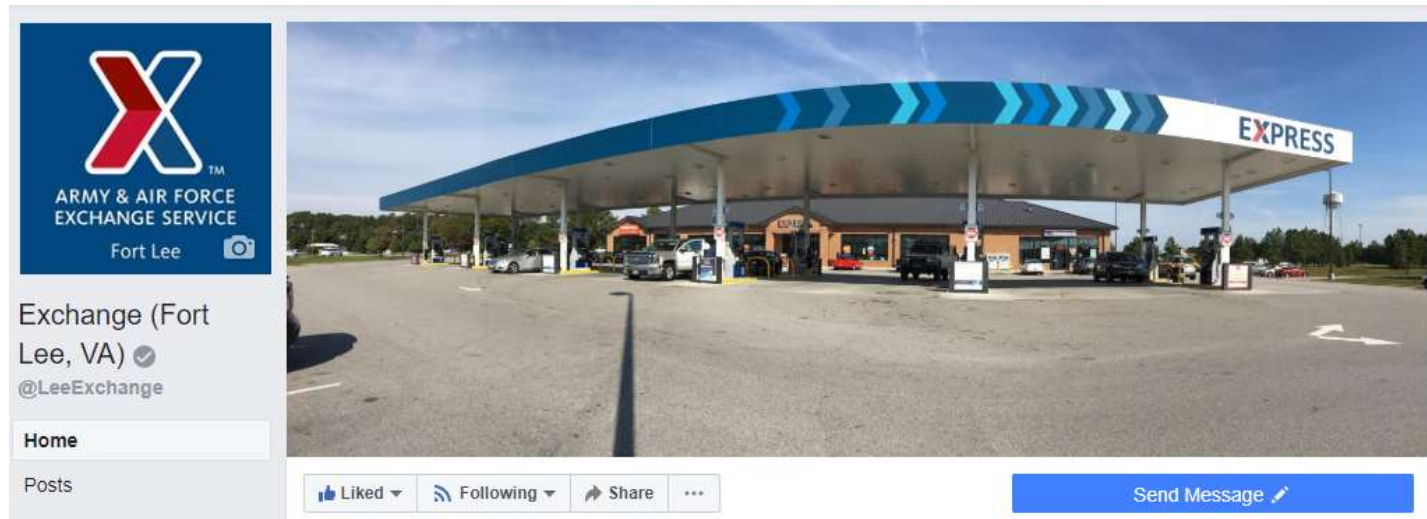


# Community Action Council (CAC)

## AAFES

Like at Visit the Fort Lee Exchange Facebook Page to find out about upcoming events and promotions going on.

<https://www.facebook.com/LeeExchange/>



VIP

NA

CASCOM Command Team Attendance

N/A





# Community Action Council (CAC)



## Soldier for Life -Transition Assistance Program

TRANSITION ASSISTANCE PROGRAM



### Briefing Times

0900-1000 TRICARE  
1000-1100 VA Health Admin  
1300-1430 VA Disability  
Claims & AMVETS

### Location

Soldier Support Center  
Building 3400  
SFL-TAP Center  
Room 124

## EXPLORE VETERANS AFFAIRS

*Get the knowledge you need.*

TRICARE, Department of Veteran Affairs (VA) and AMVETS representatives will provide valuable information and assistance on topics covering retiree health insurance, VA health care services, filing disability claims, and more.

**ALL BRIEFS ARE THE 1<sup>ST</sup> WEDNESDAY OF  
MONTH**

**Except holidays**

**Wednesday, 4 December, 2019**

**Contact: Fort Lee SFL-TAP Center – 804-734-6612 OR email [army.lee.sfltap@mail.mil](mailto:army.lee.sfltap@mail.mil)**





# Fort Lee Family Housing

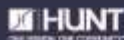


**December 2<sup>nd</sup> - 24<sup>th</sup> 2019**

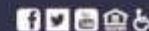
*Monday - Friday 8:30am - 5:30pm at Neighborhood Centers  
& additionally at the Welcome Center on Saturdays 9:00am - 12:00pm*

**Sneak into your Neighborhood Center for some hot  
chocolate & quiet time to get all of your gifts  
wrapped just in time for the Holidays!**

\*\*\*All wrapping essentials provided\*\*\*



[fortleefamilyhousing.com](http://fortleefamilyhousing.com)



***Slide Bumper Her***







# Fort Lee Family Housing





# Fort Lee Family Housing

## ANNUAL CEL SURVEY November 12 - December 12, 2019



Hunt Military Communities will be launching the Annual CEL Resident Satisfaction Survey November 12th–December 12th. For your convenience, this year the survey will be emailed to all residents.

### *Service with a Smile!*

The Annual CEL Resident Satisfaction survey provides you with an opportunity to share your thoughts and feedback on how we are able to help create Exceptional Living Experiences for you and your family! As part of our overall resident satisfaction program, our commitment to you is to listen and react to the information you share with us!

### THINGS TO KNOW ABOUT THE

### *Annual CEL Resident Satisfaction Survey:*

- Your participation is vital to ensure we know how you feel about all the things we do right for you, and if we have any opportunities for improvement. We CARE about you and your family and the quality of service we provide. It is our privilege to be of service to you.
- This year all surveys will be sent on November 12, 2019, via email to the address we have on file in the leasing office. Please check your spam folder in the event you do not receive the survey by end of day on November 12, 2019.
- If you still have not received your survey, please notify the leasing office so we can assist you.

### WE ARE STRIVING FOR 100% PARTICIPATION.

The more we know, the more we grow!

### *We Thank You!*

For your thoughts and feedback, as our inspiration comes from you!



[HuntMilitaryCommunities.com](http://HuntMilitaryCommunities.com)





# Military

## HOMEBUYER WORKSHOPS

VHDA is proud to serve those who serve our country by offering FREE Homebuyer Workshops to members of the U.S. Military. Active duty, reservists, National Guard, retired military, veterans, Department of Defense civilians, spouses and dependants are all welcome.

### VHDA Free Homebuyer Class

Take this FREE class before buying a home! You will learn the entire homebuying process:

- ▶ Personal finance
- ▶ Managing credit
- ▶ Role of the lender
- ▶ Working with a real estate agent
- ▶ Home inspection
- ▶ Closing day

Presented by:  
Housing Services Office



Registration is required!  
Sign up and get details at:

**FEBRU**

COL Hollie J. M.







# American Red Cross

## *Holidays for Heroes Open House*

**Tuesday, December 3, 2019**

**1645 – 1830 Petersburg Red Cross Office**

**22 W. Washington Street**

**(Holidays for Heroes is our program that supports the items we collect to provide to veterans, active duty and deployed service members) Open House open to the community; Welcome and comments at 1700.**

**Upcoming Blood Drives – [redcrossblood.org](http://redcrossblood.org)**

**12/9 – American Family – Colonial Heights 1500-1900**

**12/21 – Midas – Colonial Heights 0900-1600**

**12/24 – Bruster's - Chester 1130-1300**

**12/30 – The Train Station - Petersburg 1400-1800**

**12/31 - Southpark Mall -Colonial Heights 1000-1400**





# Holiday Helper at Fort Lee

## *Ensuring NO Military Child Goes Without!*

- The Holiday Helper Open House for community and tours will be held on Friday, 6 December from 11:30am to 6pm. Food and beverages available. Please come and see what our community has accomplished in support of our military!
- Shopping schedules have been distributed to the units to shop on 10 and 11 December from 9am to 6pm. Any questions, please call 519-3616.
- Thank you to everyone for the continued support of Holiday Helper which allows our community to make a difference in the lives of so many!



- Holiday Helper is working to support the Stay Behind military members unable to return home for the holiday season. The Colonial Heights Chamber of Commerce will be sponsoring this endeavor. Holiday bags with a variety of goodies will be created and provided to command for distribution Christmas morning.

***Happy Holidays to all from  
HOLIDAY HELPER AT FORT LEE!***





# ARMY COMMUNITY SERVICES SPECIAL NOTICE



## VIRGINIA WIC IS NO LONGER AVAILABLE ON FORT LEE

Please be advised WIC Services are available at the **following locations:**

### PETERSBURG WIC Office

301 Halifax Street  
Petersburg, VA 23803  
(804) 863-1652

### HOPEWELL WIC Office

1501 West City Point  
Hopewell, VA 23860  
(804) 458-1297

### PRINCE GEORGE WIC Office

6450 Administration Drive  
Prince George, VA 23875  
(804) 733-2630

DETAILS: (804) 734-6388



LEE.ARMYMWR.COM



FORT LEE FMWR







# Community Action Council (CAC)

**Next CAC  
Scheduled for  
January 03 2020  
By email**

